She's A Miracle

拍数: 64

级数: Phrased Intermediate

编舞者: Ryan Ball (USA) - June 2025

音乐: Million Dollar Baby - Ava Max

Phase A

Section 1: Step, Point, Cross, Side, Sweep, L Coaster Step 1-2 Step RF forward (1), Point L Toe to the L side (2) Step LF Crossing RF (3), Step RF to the R side (4) 3-4 Sweep LF Over L shoulder 1/2 Turn Pivoting on RF 5-6 7&8 Step LF Back (7), RF back together with LF (&), LF Forward (8) Section 2: R Heel Grind, Step back, L Toe Touch, Step, Lock, Unwind, Step back 1-2 Rock forward on R Heel arcing R Toe from R to L with 1/4 Turn weight on LF 3-4 Step RF Back (3), L Toe Touch Next to RF (4) 5-6 Step LF forward (5), Lock RF behind LF (5) 7-8 ¹/₂ Turn unwind over R shoulder (7), Step RF Back Section 3: Hitch L Knee Up and Down, R Toe Strut, Weave 1-2 Hitch L Knee up (1), Step LF down (2) 3-4 R Toe Touch forward (3), R Heel Down (4) 5-6 LF cross over RF (5), Step RF to the R Side (6) 7-8 Step LF behind RF (7), Point R Toe to the R Side (8) Section 4: Side, 1/4 Turn, Side Drag, Step Back, Drag, Back Rock Recover 1-2 Step RF over LF (1), Step LF to the L side (2) 3-4 Step ¼ RF over R Shoulder (3), Drag LF sideways (4) 5-6 Step LF Back (5), Drag RF back (6) 7-8 Rock RF back (7), Recover weight on LF (8) Phase B: Section 1: 2x Toe Struts, Camel Walk 1-2 R Toe Touch Forward (1), R Heel Down (2) 3-4 L Toe Touch Forward (3), L Heel Down (4) 5-6 1/8 Step RF forward sliding LF next to RF (5), 1/8 Step LF forward sliding RF next to LF (6) 7-8 1/8 Step RF forward sliding LF next to RF (7), 1/8 Step LF forward sliding RF next to LF (8) Section 2: R Rock L Recover, R Back Triple, Twist Out and In, ¼ Step Turn and Point 1-2 Rock RF Forward (1), Recover weight on LF (2) 3&4 Step RF Back (3), LF together next to RF (&), Step RF Back (4) 5-6 Twist RF and LF Out (5), Twist In (6) 7-8 1/4 Step LF Back (7), Point RF to the R side (8) Section 3: 2x Sweeps, Cross Triple, Side Rock Recover

- &1-2 ¹/₄ Step RF (&), Sweep LF back to front (1-2)
- &3-4 Step LF forward (&) Sweep RF back to Front (3-4)
- 5&6 Cross RF over LF (5), LF next to RF (&), Step RF to the side (6)
- 7-8 Rock LF to the L Side (7), Recover Weight on RF (8)

Section 4: Cross, Hold, Side, Hold, 3x Points, Step Forward

1-2 Step LF Crossing RF (1), Hold (2)



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- 3-4 Step RF To the R Side, Hold (3)
- 5-6 Point L Toe across RF (5), Point L Toe to the L side (6)
- 7-8 Point L Toe back (7), Step LF forward (8)

Sequence: AABBAABBBBBB