

Side Mambos

COPPER KNOB
STEPSHEETS

拍数: 16 墙数: 4 级数: Ultra Beginner
编舞者: Petra Ott (DE) - June 2025
音乐: Rum'n'cocacola (Shake It Up Well) (Party Mix) - Tim Tim



Note: Of course you can take the Radio Mix of this song as well as any other song which fits to the rhythm of the dance. When you wanna train the steps I recommend to take a slower song, e.g. "Don't Worry Be Happy - Bobby McFerrin"

Intro 16 counts after start of rhythm

Section 1: mambo R+L; lock step fwd R+L

1&2,3&4 RF step R, LF recover, RF close; LF step L, RF recover, LF close
5&6,7&8 RF step fwd, LF cross behind RF, RF step fwd, LF step fwd, RF cross behind, LF step fwd

Section 2: pivot ½ L, RF step fwd; mambo cross x2; ¼ R step bw – side - close

1&2,3&4 RF step fwd, ½ L and LF step fwd, RF step fwd; LF step L, RF recover, LF cross over RF
6:00
5&6,7&8 RF step R, LF recover, RF cross over LF; ¼ R and LF step bw, RF step R, LF close 9:00

End