Break The Chain



拍数: 28 墙数: 4 级数: Beginner

编舞者: Kirsteen Currie (UK) - June 2025 音乐: Bloodline - Alex Warren & Jelly Roll



Intro: 8 Counts (start on the word "take")

Step, point, step, point, touch front, side, together, hitch

1-2	Step forward right, point left to side
3-4	Step forward left, point right to side

Touch right toe forward, touch right toe to right side
Touch right toe next to left, hitch right knee ***

Grapevine right, grapevine 1/4 left, scuff

1-2	Step right to side, step left behind right
3-4	Step right to side, touch left next to right
5-6	Step left to side, step right behind left

7-8 1/4 turn left stepping left forward, scuff right forward **

1/4 turn left X2, step, kick, back, touch

1-2	Step forward on right, 1/4 turn left
3-4	Step forward on right, 1/4 turn left
5-6	Step forward on right, kick left

7-8 Step back on left, touch right next to left

Rocking chair

1-2 Rock forward on right, recover on left3-4 Rock back on right, recover on left

Restarts:

Walls 3 & 9 - Dance 16 counts and restart the dance ** Wall 6 - Dance 8 counts and restart the dance ***