

Arabella

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Leonie Heinze (DE) - June 2025
音乐: Arabella - Nathan Evans & SAINT PHNX



Begin at: "There's a..."

S1 Lock Shuffle Forward to diagonal R+L, Heel R+L, Toe Touch R, Clap Twice

- 1&2 – Step R fwd into R diagonal, lock L behind R, step R fwd into R diagonal
- 3&4 – Step L fwd into L diagonal, lock R behind L, step L fwd into L diagonal
- 5 – Touch R heel forward
- & – Step R together
- 6 – Touch L heel forward
- & – Step L together
- 7 – Touch R Toe forward
- &8 – Clap twice & Weight on R Foot on 8 (12:00)

S2 Rock, Recover, ½ Turn Shuffle to L, Rock, Recover, ½ Turn R, Hop with Hitch R

- 1-2 – Rock L fwd, recover back on R,
- 3&4 – Make ½ turn over: Step L fwd, step R together, step L fwd, (6:00)
- (Variation: &4 – Make Full turn over Turn 3-Step turn to L)
- 5-6 – Rock R fwd, recover back on L,
- 7 – Make ½ turn over R stepping R fwd
- 8 – Hop on L and Hitch Right knee (12:00)

S3 Kick Front, Side, Sailorstep ¼ to R, Kick Front, Side, Sailorturn ¼ to L

- 1-2 – Kick R fwd, Kick R to R side,
- 3&4 – Step R back behind L while beginning to turn ¼ R, step L to L side, step R slightly to R (3:00)
- 5-6 – Kick L fwd, kick L to L side,
- 7&8 – Step L back behind R while beginning to turn ¼ L, Step R to R side, step L slightly to L (12:00)

S4 Shuffle Forward, Rock, Recover, Kick with L, Kick ¼ Turn L, Coasterstep

- 1&2 – Step R fwd, step L together, step R fwd,
- 3-4 – Rock L fwd, recover weight back onto R
- 5-6 – Kick twice with L turning ¼ to L (9:00)
- 7 – Step L behind R
- & – Step R to R side
- 8 – Step L slightly fwd

***3 Tags

**2 Restarts

TAG + Including two Stomps – Jazz Box R, Rocking Chair, Stomp twice

- 1 – R cross over L
- 2 – L back
- 3 – R to R side
- 4 – L fwd
- 5-6 – Rock R fwd, recover weight back onto L
- 7-8 – Rock R bwd, recover weight back onto L
- 1-2 – Stomp twice with R

→ After Wall 1 Facing 9:00, Add Two Stomps on 1-2, then start with S1 again

TAG – Jazz Box R, Rocking Chair

- 1 – R cross over L
- 2 – L back
- 3 – R to R side
- 4 – L fwd
- 5-6 – Rock R fwd, recover weight back onto L
- 7-8 – Rock R bwd, recover weight back onto L

Tags on Wall 4 (facing 3:00) and Wall 7 (facing 9:00) after 16 Counts

Ending: after 16 Counts at Hop with Hitch
