

AMEN!

COPPER KNOB
STEPSHEETS

拍数: 16 墙数: 2 级数: High Beginner
编舞者: Judy Baldak (USA) - June 2025
音乐: Amen - Shaboozey & Jelly Roll



Intro 16 counts from hard beat

****2 easy restarts after 8 cts**

Section 1: Side touch, side touch, side together forward; rocking chair, step $\frac{1}{4}$ cross

- 1-4 Step RF to R side (1), touch LF next to RF (&), step LF to L side (2), touch RF next to LF (&),
Step RF to R side (3), Step LF next to RF (&), step RF forward (4)
- 5-8 Rock LF forward (5), recover weight back on RF (&), rock back on LF (6), recover weight
forward on RF (&), Step LF forward (7), turn $\frac{1}{4}$ R transferring weight to RF (&), cross LF over
RF (8) (3:00)

Section 1: Syncopated rumba box, coaster step, kick-ball-touch

- 1-4 Step RF to R side (1), Step LF next to RF (&), step RF forward (2), step LF to L side (3), step
RF next to LF (&), step LF back (4)
- 5-8 Step RF back (5), step LF back next to RF, (&), step RF forward (6), low kick with LF (7), step
LF next to RF (&), touch RF next to LF (8) (3:00)

****2 easy restarts after 8 counts on walls 3 (facing 9:00) and wall 9 (facing 3:00)**

Enjoy the dance and the song!
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Last Update: 1 Jul 2025