

Rock Around the Clock

COPPER KNOB
STEPPSHEETS

拍数: 48 墙数: 2 级数: Beginner
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音乐: (We're Gonna) Rock Around the Clock - Bill Haley and His Comets



Intro: 32C

Section 1 : RIGHT HEEL, TOE, HEEL, SAILOR STEP

1-2 Touch right heel to side, touch right toe beside LF
3-4 Touch right heel to side, Hold
5-6 -7-8 Step RF forward cross LF, step LF side to left, step RF side to right, Hold

Section 2 : LEFT HEEL, TOE, HEEL, SAILOR STEP

1-2 Touch left heel to side, touch left toe beside RF
3-4 Touch left heel to side, Hold
5-6 -7-8 Step LF forward cross RF, step RF side to right, step LF side to left, Hold

Section 3: FORWARD, BACK, BACK, FORWARD (With option)

1-2 Step RF forward (with clap), LF recover
3-4 Step RF back (with clap), Hold
5-6 Step LF back (with clap), RF recover
7-8 Step LF forward (with clap), RF recover

(Option : skate forward and backward)

Section 4: BOOGIE WALK, TURN 1/4R BOOGIE WALK

1-2 Step RF swivel to right, Hold
3 -4 step LF swivel to left, Hold
5-6 Turn 1/4 R step RF swivel to right, step LF swivel to left,
7- 8 Step RF swivel to right, Hold

Section 5: ROCK RECOVER , PIVOT 1/2 Shuffle

1-2 Rock LF forward, Hold
3-4 RF recover, Hold
5-6 Turn 1/2L, Step LF forward, Hold
7-8 RF lock behind LF, step LF forward

Section 6: ROCK, PIVOT 1/4 , TWIST

1-2 Rock RF forward, Hold
3-4 Turn 1/4 L , LF step to left, Hold
5-6 Twist to right, twist to left
7-8 Twist to right, Hold

No start. No tag.

Enjoy the dance and be Happy♥☐

Thank you☐

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