Fall Apart



编舞者: Gregory F. Huff (USA) - May 2025

音乐: Things Will Fall Apart - Louis Cole, Metropole Orkest & Jules Buckley



PATTERN: A A A A B A A A TAG A A (2 beats = 1 count after tag)

#80 count intro. Dance starts at :19 in music.

PART A (1 BEAT= 1 COUNT):

JAZZ BOX, POINT RIGHT TOE RIGHT (2X)

1-2	Cross right foot over left, step left foot backward
3-4	Step right foot to the right, step left next to right
5-6	Touch right toe right, lift right knee towards left knee
7-8	Touch right toe right, lift right knee towards left knee

GRAPEVINE RIGHT, TAP LEFT HEEL 1/4 TURN LEFT (2X), HITCH (2X)

1-2	Step right foot right, cross left behind right
3-4	Step right foot right, tap left heel ¼ turn left (9:00)
5-6	Tap left heel left (9:00), cross left foot in front of right shin
7-8	Tap left heel left (9:00), cross left foot behind right calf

LOCK STEP BRUSH, LOCK STEP BRUSH (9:00)

1-2	Step left foot forward (9:00), cross right foot behind left
3-4	Step left foot forward, brush right foot forward
5-6	Step right foot forward, cross left foot behind right
7-8	Step right foot forward, brush left foot forward

SYNCOPATED ROCKING CHAIR, HEEL SWIVELS

1-2	Step left foot forward, step right foot in place
3-4	Step left foot backward, step right foot in place
5-6	Step left next to right, on balls of feet pivot left heel left and right heel right
7-8	On balls of feet pivot left heel right and right heel left, step on left foot as you raise right knee

WALK FORWARD, KICK

1-2	Step forward right, hold
3-4	Step forward left, hold
5-6	Step forward right, hold
7-8	Kick left foot forward, hold

WALK BACKWARD, COASTER STEP

1-2	Step backward left, hold
3-4	Step backward right, hold
5-6	Step backward left, step right next to left

7-8 Step forward left, hold

SOUL STRUT

1-2	Step right foot forward, lift right heel
3-4	Lower right heel, hold
5-6	Step left foot forward, lift left heel
7-8	Lower left heel, hold

FUNKY SWAY

1-2	Bend knees slightly down as you step right foot next to left and sway hips right, hold
3-4	Bend knees slightly down as you sway hips left, hold
5-6	Bend knees slightly up as you sway hips right, hold
7-8	Stand up straight as you sway hips left and put weight on your left foot, hold.

PART B AT 1:31 IN MUSIC:

CROSS, PUNCH OUT 4X, RAISE ARMS (REPEAT 8 COUNTS 3X)

1-2	Make fists with both hands and cross your chest with your arms left over right, hold
3&4	Fully extend left arm and punch forward, fully extend right arm and punch forward as you bring your left fist to your chest, fully extend left arm and punch forward as you bring your right fist to your chest
5-6	Fully extend right arm and punch forward (both arms punching horizontally forward), hold
7-8	Open your fists and raise both arms above your head, hold. (Repeat 3 times)

BART SIMPSON

1-2	On the balls of your feet pivot your heels $\frac{1}{4}$ left as you turn your head $\frac{1}{4}$ right (3:00) with your right arm horizontally bent at the elbow and your right hand near your chin while you extend your left arm out horizontally left, hold
3-4	On the balls of your feet pivot your heels $\frac{1}{4}$ right as you turn your head $\frac{1}{4}$ left (12:00) with your arms outstretched horizontally at your sides bent at the elbow with hands up, hold
5-6	On the balls of your feet pivot your heels $\frac{1}{4}$ right as you turn your head $\frac{1}{4}$ left (9:00) with your left arm horizontally bent at the elbow and your left hand near your chin while you extend your right arm out horizontally right, hold
7-8	On the balls of your feet pivot your heels $\frac{1}{4}$ left as you turn your head $\frac{1}{4}$ right (12:00) with your arms outstretched horizontally at your sides bent at the elbow with hands up, hold

TAG AT 2:46 IN MUSIC:

16 counts: With arms outstretched, slowly raise jazz hands from your waist to above your head for 12 counts, hold for 3 counts, lower arms for 3 counts.

END OF DANCE AT 2:50 IN MUSIC (2 BEATS = 1 COUNT):

Dance Part A twice, slowly and gracefully.

Add your own style & have fun!

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Lesson & demo on YouTube: www.YouTube.com/@linedancesbygregoryhuff