American Dream



拍数: 32 墙数: 4 级数: Beginner

编舞者: Trent Duncan (AUS) - July 2025

音乐: The American Dream - Katrina Burgoyne



No Restarts or Tags

Start on Lyrics – There is no real beat count in for this song.

Section 1 – R Side Shuffle, Rock Back, L Side Shuffle Rock Back

1&2 R Side Shuffle – Step R to R side, Step L beside R, Step R to R side

3-4 Step L Slightly back, Rock weight fwd onto R

5&6 L Side Shuffle – Step L to L side, Step R beside L, Step L to L Side

7-8 Step R slightly Back, Rock weight fwd onto L

Section 2 – Heel, Heel, Toe, Heel, 2x ½ Pivots

Touch R heel fwd at 45, Step R beside L, Touch L Heel fwd at 45, Step L beside R

Touch R toe Back, Step R beside L, Touch L heel fwd at 45, Step L beside R

Alternative – Complete a Vee Step instead of the hopping heels.

5-8 2 x R ½ Pivot – Step R fwd, Pivot ½ turn over L, Step R fwd, Pivot ½ Turn over L

Section 3 – Step Together, Buttermilk, Step Together, Buttermilk

1-2 Step R fwd at 45deg, Step L together beside R.

3-4 Buttermilk – Split heels apart, Bring heel back to centre

5-6 Step L fwd at 45deg, Step R together beside L

7-8 Buttermilk – Split heels apart, Bring heel back to centre

Section 4 – 4x Hip sways, 1/4 Turn Box Step

1-4 Step R slightly to R side as you sway your hips R, L, R, L

side Step L across in front of R

END OF DANCE

Whilst on a trip to the USA I was contacted by the wonder Katrina, she had a new song coming out and wanted a line dance for it. Working with Katrina in the past with Honky Tonk Hubby I jumped at the opportunity. When I finally landed in Nashville Katrina came and visited me, and we went out to record a little video for her new song while we danced. You may notice right towards the end of the music that there could be a restart. As it is right towards the end of the song I have elected not to add it to the dance.

Dance, Have Fun, Enjoy

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