

Good Company

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: High Beginner
编舞者: Andrea Lindell (SWE) - July 2025
音乐: In Hell I'll Be in Good Company - The Dead South : (Album Version)



Intro: 16 counts (start after 8 finger snaps, begin dancing as whistling starts)

Description:

A fun, bouncy higher beginner dance with stomps, claps, flicks, heel bumps, slides and finger snaps.
No tags, no restarts. Fits perfectly with the marching rhythm of The Dead South. Easy to follow but with enough variety to keep new dancers engaged.

Section 1:

1,2 - Step R diagonally forward, Touch L beside R
3,4 - Step L diagonally back, Heel R diagonally
5,6 - Step R to right side, Slide L to R
7,8 - Stomp L twice with 2 claps

Section 2:

1,2 - Step L diagonally forward, Touch R beside L
3,4 - Step R diagonally back, Heel L diagonally
5,6 - Step L to left side, Slide R to L
7,8 - Stomp R twice with 2 claps

Section 3: (Rumba Box)

1,2 - Step R to right side, Step L beside R
3,4 - Step R forward, Step L to left side
5,6 - Step L to left side, Step R beside L
7,8 - Step L back, Step R beside L

Section 4: (Heel Step with Snaps, total 1/2 turn)

1,2 - Touch R heel forward, Step R next to L + Snap fingers
3,4 - Turn ¼ left touching L heel diagonally forward, Step L next to R + Snap fingers
5,6 - Touch R heel forward, Step R next to L + Snap fingers
7,8 - Turn ¼ left touching L heel diagonally forward, Step L next to R + Snap fingers

Section 5:

1,2 - Step R forward, Brush L forward
3,4 - Stomp L twice with 2 claps
5,6 - Step L forward, Brush R forward
7,8 - Stomp R twice with 2 claps

Section 6:

1,2 - Stomp R wide to right, Stomp L wide to left
3,4 - Flick R behind L, step R back down
5,6 - Flick L behind R, step L back down
7,8 - Heel bump R and L together x2 (weight ending center)

Section 7:

1,2 - Step R back, Slide L to R
3,4 - Stomp L twice with 2 claps
5,6 - Step L back, Slide R to L
7,8 - Stomp R twice with 2 claps

Section 8:

- 1,2 - Stomp R wide to right, Stomp L wide to left
- 3,4 - Flick R behind L, step R back down
- 5,6 - Flick L behind R, step L back down
- 7,8 - Heel bump R and L together x2 (weight ending center)

Notes:

During the 16-count intro, snap fingers every other beat (total of 8 snaps) during the banjo part.
Start dancing as the whistling begins.
