

Keeping Country Alive

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Rob Holley (USA) - July 2025
音乐: Keepin' Country Alive - Dillon Carmichael : (Album: Keepin' Country Alive - iTunes)



Tags: 1, Restarts: 0
Intro: 16 (start on vocals)

[1-8] SIDE, BEHIND, BALL, HEEL, HOLD/DOUBLE CLAP, BALL CROSS, ¼ STEP, ½ TURN SHUFFLE

1-2 Step R to R side (1), step L behind R (2)
&3&4 Step R next to L (&), touch L heel diagonally forward (3), hold & double clap (&4)
&5-6 Step L next to R (&), cross R over L (5), turn ¼ R & step L back (6) (3:00)
7&8 Turn ½ R & step R forward (7), step L next to R (&), step R forward (8) (9:00)

[9-16] ½ TURN SHUFFLE, BACK ROCK, RECOVER, KICK-BALL-CHANGE, KICK OUT-OUT

1&2 Turn ½ R & step L back (1), step R next to L (&), step L back (2) (3:00)
3-4 Rock R back (3), recover weight on L (4)
5&6 Kick R forward (5), step R next to L (&), step L forward (6)
7&8 Kick R forward (7), step R to R side (&), step L to L side (8)

[17-24] SAILOR STEP, BEHIND, ¼ TURN STEP, STEP FORWARD, ½ PIVOT, FOWARD SHUFFLE

1&2 Step R behind (1), step L to L side (&), step R to R side (2)
3&4 Step L behind (3), turn ¼ R & step R forward (&), step L forward (4) (6:00)
5-6 Step R forward (5), pivot ½ turn L (weight to L) (6) (12:00)
7&8 Step R forward (7), step L next to R (&), step R forward (12:00) (8)

[25-32] FORWARD HEEL GRINDS (2X), ROCK FORWARD, RECOVER, ½ TURN SHUFFLE.

1-2& Touch L heel forward (1), twist/grind heel & step R back (2), step L next to R (&)
3-4& Touch R heel forward (3), twist/grind heel & step L back (4), step R next to L (&)
5-6 Rock L forward (5), recover weight to R (6)
7&8& Turn ½ L & step L forward (7), step R next to L (&), step L forward (8), turn ¼ L (&)

TAG: After wall 4 while facing 12:00

[1-8] SIDE, BEHIND, BALL, HEEL, BALL, CROSS (2X)

1-2 Step R to R side (1), step L behind R (2)
&3&4 Step R next to L (&), touch L heel diagonally forward (3), step L next to R (&), cross R over L (4)
5-6 Step L to L side (5), step R behind R (6)
&7&8 Step L next to R (&), touch R heel diagonally forward (7), step R next to L (&), cross L over R (8)

Restart dance after tag

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