Back of My Truck



拍数: 40 墙数: 2 级数: Improver

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1 Restart on wall 3 after 32 counts

[1-8] R Heel fwd, recover, L Heel fwd, recover, R Toe fwd, recover, L Toe fwd, recover, R Point recover, L Toe Back.

1&2& R heel forward, R foot recover next to L, L heel forward L foot recover next to R.

3&4& R Toe fwd, recover R next to L, Left Toe fwd, recover L next to R.

5&6& Point R toe to the R, recover R next to L, Point L toe to the L, recover L next to R.

7&8 R heel fwd, recover next to L. Point to back.

[1-8] Bounce heels ¼ turn L, Sailor ¼ L, full turn (or walk walk), R Point recover hitch,

1&2& Bounce heels (1&2) while turning ¼ turn to the left. Hold on &. (9:00)

3&4& Bring L foot behind R making a ½ turn L (6:00), place R foot down, place L foot down, hold

on &

5,6 place R foot fwd ¼ turn L, pivot around ¾ turn, place L foot fwd. (or walk R foot fwd, then L

foot forward)

7&8 Point R toe to the R, recover next to L, lift R knee.

[1-8] Pony in place, Step back with L foot, Hips. Step back with R foot, hips

1&2&3&4 Hoping in place – Place R foot down, then L, then R, L, R, L, R

5&6 bring L foot back behind R, bump hips back fwd back.
7&8 bring R foot back behind L, bump hips back fwd back

[1-8] Triple fwd L,R,L, half turn, Tpl fwd R,L,R, Point L toe, recover, hitch

1&2 L foot fwd ,drag R behind L, L foot fwd

3,4 step fwd with R, pivot ½ turn L

step fwd with R, drag L behind R, R foot fwdpoint L foot out, recover L next to R, Lift L knee.

(Restart here on wall 3)

[1-8] Tripe fwd, Half turn, triple fwd, point recover hitch

1&2 step L foot fwd, drag R behind L, step fwd with L.

3,4 step fwd with R foot, pivot ½ turn L

step fwd with R, drag L behind R, R foot fwd.point L out to side, recover L next to R, lift L knee.