

# Hvem kan seile

**COPPER** **KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Intermediate  
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音乐: hvem kan seile foruten vind? - lille Caesar & Tobias Sten



## **(1-8) BASIC, ¼ STEP WITH ½ RONDE, ⅛ RUN, ⅛ RUN, ⅛ SWEEP, CROSS, ¼ STEP, ⅜ STEP, SWAY**

1 2&      Step Rf to R (1), Cross Lf behind R (2), Step Rf in front of Lf (&)  
3      Step Lf back ¼ to R and sweep Rf ½ to R (3)  
4&5      Step ⅛ Rf to R (4), Step ⅛ Lf to R (&), Step Rf ⅛ to R sweeping Lf fwd (5)  
6&      Cross Lf over Rf (6), Step ¼ Rf to L (&)  
7 8      Step ⅜ Lf to L (7), Sway weight on to Rf (8)

**(Arms: Reach both arms in front of you (7), Pull both arms back to stomach (8))**

## **(9-16) BEHIND, SIDE ROCK, BEHIND, ¼ ROCK, ¼ RECOVER, CROSS TURN BACK, BACK TURN STEP, STEP, LOCK**

1&a2      Step back Lf behind R (1), Rock Rf to R (&), Recover on Lf (A), Cross Rf behind Lf (2)  
3 4      Rock Lf ¼ to L (3), Recover Rf ¼ to R (4)  
5&a      Cross Lf over Rf (5), Make ¼ turn L stepping Rf back (&), Step back on Lf (A)  
6&a      Step back on Rf (6), Make ½ turn over L shoulder stepping Lf fwd (&), Step Rf fwd (A)  
7 8      Step Lf fwd (7), Step Rf behind Lf in a lock (8)

**(Option: Reach arms up to the sky (7), Down (8))**

## **(17-24) BACK SWEEP, BACK SWEEP, CROSS BEHIND, ¼ STEP, ½ STEP, ¼ STEP, SAWY, SAWY, STEP ½ STEP WITH HITCH**

1 2      Step Rf back sweeping Lf back, Step Lf back sweeping Rf back  
3&a4      Cross Rf behind Lf, Step ¼ L with Lf, Step ½ back on Rf, Step ¼ L on Lf

**(Arms: (4)Sway both arms to L)**

5 6      Sawy R to Rf, Sway L to Lf

**(Arms: (5)Sway both arms to R, (6) Sway both arms to L )**

7 8      Step Rf fwd (7), Step Lf ½ to L and hitch Rf (8)

**(Arms: Reach with R arm (7))**

## **(25-32) RUN, RUN, RUN, ROCK, RECOVER, BACK, BACK, ¼ SAILOR STEP, ½ PIVOT, ½ PIVOT**

1&a      Step Rf fwd (1), Step Lf fwd (&), Step Rf fwd (A)  
2 3      Rock Lf fwd (2), Recover to Rf (3)  
**(Arms: Reach both hands up to the sky (2), down (3))**  
a 4      Step Lf back (A), Step Rf back (4)  
5&6      Cross L behind R (5), Turn ¼ L stepping R next to L (&), Step L fwd (6)  
7 8      Step ½ Rf to R (7), Step ½ Lf to L

**Ending: Turn ½ facing 12.**

Enjoy and have fun! ☐

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