

There's No Me Without You

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Marie-Odile Jélinek (FR) - July 2025
音乐: Me Without You - Tim & The Glory Boys



***1 Tag/Restart after the 33rd Wall facing 3 :00 – 1 Tag/Restart after the 5th Wall facing 9:00**

Dance starts with the Lyrics – Music : Me Without You by : Tim & The Glory Boys – 92 BPM

The Dance will end naturally at 12 :00

Sequence: 32-32-32-/Tag/Restart : 8 Counts/ 32-32 /Tag/Restart : 16 Counts/ 32-32-32

Press PG

[1 - 8] : R. ROCK STEP FWD - ½ TURN R PIVOT TRIPLE STEP- L. ROCK STEP FRWD - ½ TURN PIVOT TRIPLE STEP

1-2 Rock step right forward - Recover on left
3 & 4 Half-step right : Right forward - Left next to right - Right forward
5-6 Rock step left forward - Recover on left
7 & 8 Half-step left: Left forward - Right next to left - Left forward

[9 - 16] : R. SIDE ROCK RECOVER. CROSS AND CROSS. SIDE ROCK RECOVER- L. SAILOR STEP 1/4 TURN

1-2 Step right to right – Recover on left support
3 & 4 Cross right over left - Step left to left - Cross right over
5-6 Step left to left - Recover on right support
7 & 8 Cross left behind right with a ¼ turn to left - Step right to right next to right - Step left forward

[17 - 24] : R.L. CROSS POINT - R. JAZZ BOX 1-2 CROSS RIGHT OVER LEFT - POINT LEFT TO LEFT

1-2 Cross RF over Left - Point FL To Left
3-4 Cross FL over right - Point right to right
5 - 8 Cross right over left - Step left back - Step right to left - Step left forward

[25 - 32] : R. STEP LOCK STEP FWD - SCUFF LE - L. STEP LOCK STEP FWD - R KICK BALL STEP (Twice)

1.&2. & Step FR diagonally forward right - left Cross behind right - Right diagonally forward right - Scuff left
3&4 Left diagonally forward left - Right cross behind left - Left diagonally forward left
5&6 Kick right forward (5) - Right near left (&) - Left forward (6)
7&8 Kick right forward (7) - Right near left (&) - Left forward (8)

***1ST TAG 8 Counts: after the 3rd Wall facing 3 o'clock**

WALK RF.LF- CROSS RECOVER SIDE -WALK LF. RF – CROSS RECOVER SIDE

1-2 Walk right forward – Walk left forward
3&4 Cross right over left - Recover on left - Step right to right
5-6 Walk left forward - Walk right forward
7&8 Cross left over right - Recover on right - Step left to left

****2ND TAG 16 Counts: after the 5th Wall facing 9 o'clock**

[1-8] WALK RIGHT - LEFT - RIGHT MAMBO FWD - L. BACK - LOCK STEP - R. COASTER STEP

1-2 Walk right forward - Walk left forward
3&4 Rock right forward - Recover on left - Step right next to left
5&6 Step left back - Lock right over left - Step left back

7&8 Ball right back - Ball left next to right - Point right forward

[9-16] : SCISSOR CROSS - STEP - L. R –R- ROLLING VINE – L- KICK BALL CHANGE

1&2 Step right to right - Step left near right - Step right crossed over left

3&4 Step left to left - Step right near left - Step left crossed over right

5&6 Step right to right with a quarter turn to right - Step left back with a half turn to right - Step right to right with a quarter turn to right

7&8 Step left forward - Step left in place - Point right next to left while lifting the right foot (to resume the dance)

« Happy Dancing Dear Friend
