Keep it on Ten

拍数: 164

级数: Phrased Advanced

编舞者: Kasia Wagner (USA) & Casey Sharples (USA) - July 2025

音乐: Rattlesnake Bite - Simon Clow

Sequence: A-tag-B-A-B-C-B-A(34 counts)

#16 second intro, 32 counts, lyrics "The other night"

(choreo credit to James O. Kellerman, Jen Michele, Rick Dominguez, Trevor Thorton, Janet Cummings, Roy Verdonk & Sébastien Bonnier; for steps song mentions)

Phrase A: 60 counts

Section 1: & cross left, step right, & cross right, step left, & cross left, step right, & cross left, unwind ½ left (See: M.I.B. @James O. Kellerman)

- Step on the ball of the right foot behind the left heel, and cross the left foot over the right. &1 2 step right with the right foot.
- &3 Step on the ball of the left foot behind the right heel, and cross the right foot over the left. 4 Step left with the left foot
- &5 Step on the ball of the right foot behind the left heel, and cross the left foot over the right. 6 Step left with the left foot
- &7 Step on the ball of the left foot behind the right heel, and cross the right foot over the left.
- 8 Pivot ¹/₂ turn to the left on the balls of both feet. (keeping weight on the left foot) Clap, clap

Section 2: walk, ¹/₄ turn, ¹/₄ turn coaster, walk, ¹/₄ turn, ¹/₄ turn coaster

- Step right foot forward, 1/4 turn right stepping left 1-2
- 3&4 1/4 turn right stepping right back, step left next to right, step right forward (12:00)
- 5-6 step left foot forward, ¹/₄ turn left stepping right
- 1/4 turn left stepping left back, step right next to left, step left forward (6:00) 7&8

Section 3: side, behind, side, front, side, toe, heel, flick (See: Fishin' in the Dark @Jen Michele)

- 1-2 step right to side, step left behind right.
- 3-4 step right to side, step left across right.
- step right to side, left knee in and touch toe. 5-6
- touch left heel, flick left foot back. 7-8

Section 4: side rock, cross rock, shuffle, cross, unwind

- 1-2 rock left foot to left side, recover weight on right.
- 3-4 rock left foot across right, recover weight on right.
- 5-6 step left to left side, step right next to left, step left
- 7-8 cross right over left, $\frac{1}{2}$ unwind to left (keeping weight on right foot).

Section 5: Left toe strut, right toe strut, out, in, slide

- 1-2 touch ball of left foot forward, drop left heel. (dance will end here facing 12:00)
- 3-4 touch ball of right foot forward, drop right heel.
- 5-6 point left toe to left side, touch next to right.
- 7-8 big step to left, slide right toe in next to left foot.

Section 6: right heel, toe, toe, out, in, slide, step

- 1 tap right heel forward, hold.
- 2-4 tap right toe behind, lift foot, tap right toe behind.
- 5-6 point right toe to right side, touch next to left.
- 7-8 big step to right, slide left toe in next to right foot, step left.

Section 7: step point, heel, coaster, heel hook heel, (see: Do-Si-So @Rick Dominguez) jump, clap clap





墙数: 2

- &1-2 step right next to left, point left to left, tap left heel forward.
- 3&4 step left back, step right together, step left forward.
- 5&6 tap right heel forward, hitch right heel over left, tap right heel forward.
- &7&8 jump forward right and left, clap hands, clap hands (shift weight to right).

Section 8: rock, recover, side shuffle

- 1-2 rock left foot forward, recover weight on right.
- 3&4 turn ¼ left stepping left, step right next to left, step left to side. (9:00)

TAG: 8 counts

- 1-4 walk forward right, left, right, point left toe to side.
- 5-8 walk back left, right, left, point right to side.

Phrase B: 60 counts

Section 1: right toe strut, left toe strut (easier to count spare 4 counts here)

- 1-2 step ball of right foot over left making 1/8th turn, drop heel.
- 3-4 step ball of left foot forward making 1/8th turn, drop heel. (6:00)

Section 2: step hip swivel, coaster step X2 (see: Goin' Hamm @Trevor Thorton)

- 1&2 step forward on right, swivel heels right raising right hip, bring heels back to center.
- 3&4 step back slightly on right foot, step left next to right, step forward on right.
- 5&6 step forward on left, swivel heels left raising left hip, bring heels back to center.
- 7&8 step back slightly on left foot, step right next to left, step forward on left.

Section 3: hip bumps, hip rolls

- 1-2 bring right foot forward and bump right hip forward, bump right hip forward.
- 3-4 bump left hip back, bump left hip back.
- 5-6 1/8 turning counterclockwise hip roll stepping right, left
- 7-8 1/8 turning counterclockwise hip roll stepping right, left (3:00)

Section 4: bounce 1/2 turn, 1/4 jazz square

- 1,2,3,4 step forward right, bounce heels three times making ½ turn left. (ending weight left)
- 5,6,7,8 cross right over left, step left back, ¼ turn right forward, step left forward.

Section 5: brush, hitch, slide, drag, coaster, slide, drag

- 1-2 brush right foot forward, hitch right knee
- 3-4 using left foot to push off, take big step back on right, drag left back to right (raise both hands, showing ten fingers)
- 5&6 step back with left, step right next to left, step forward right
- 7-8 ¹/₄ big slide to right, slow drag left (9:00)

Section 6: left ¼ sailor, ½ turn, touch, hip push, ¼ coaster

- 1&2 step left behind right foot, turn ¼ stepping forward right, step forward left
- 3-4 ¹/₂ turn back on right, touch ball of left foot forward
- 5-6 push hips forward, push hips back recovering weight
- 7&8 step back left, step right next to left, ¼ step left forward (9:00)

Section 7: 1/4 turn grapevine, touch, rock recover, behind, side, cross

- 1-2 step right to right side, step left behind
- 3-4 a s you ¼ turn to right, step right, touch ball of left next to right
- 5-6 rock left to left, recover weight on right
- 7&8 step left behind, right to side, cross left over right

Section 8: point, hold, point, hold, heel, heel, touch, stomp stomp

- 1-2 point right toe to right, hold
- 3-4 point left toe to left side, hold

- 5&6 tap right heel forward, step right next to left, tap left heel forward
- &7&8 step left next to right, touch ball of right foot in place, stomp right, stomp right (keep weight on left foot)

Phrase C: 44 counts

Section 1: hip circles, (see: South of Queens @Roy Verdonk & Sébastien Bonnier) heel, heel, toe, toe

- 1-2 push hips from left to right bending knees, push hips from right to left straightening knees. (Lasso right arm in air)
- 3-4 push hips from left to right bending knees, push hips from right to left straightening knees. (keep weight on right) (Lasso right arm in air)
- 5-6 tap left heel forward, tap left heel forward
- 7-8 tap left toe back, tap left toe back

Section 2: point, hook, point, flick, heel split, toe split (see: Old Town Road EZ @ Janet Cummings)

- 1-2 point left toe to side, hook left leg in front.
- 3-4 point left toe to side, flick left leg behind.
- &5-6 step left together, with weight on balls of both feet spread heels outward, bring together.
- 7-8 with weight on both heels spread toes outward, bring together

Section 3: jump forward, jump back, step,1/2 pivot, walk, walk*

- 1&2 jump forward (shoulder-width apart) right, left, hold
- 3&4 jump back right, left to right, hold
- 5-6 step forward right, ½ pivot left
- 7-8 walk forward right, left OR

1/2 turn onto right, 1/2 turn onto left OR

Drop it like its hot (left hand on hip, right arm in air), raise back to standing with weight on left, lower hands.

Section 4: heel grind $\frac{1}{4}$, right coaster, heel grind $\frac{1}{2}$, left coaster

- 1-2 grind heel as you turn ¼ turn to right (9:00), step back onto left foot
- 3&4 step back on right foot, step left next to right, step right foot forward
- 5-6 grind heel as you turn ½ turn to left (3:00), step back onto right foot
- 7&8 step back on left foot, step right next to left, step left foot forward

Section 5: heel, toe, heel, toe, kick ball change, step $\frac{1}{2}$ pivot

- 1&2 touch right heel forward, step next to left, touch left toe back
- 3&4 touch left heel forward, step next to right, touch right toe back
- 5&6 kick right foot forward, step ball of right foot next to left, step left
- 7-8 step forward, pivot ½ turn

Section 6: heel, toe, heel, toe

- 1&2 touch right heel forward, step next to left, touch left toe back
- 3&4 touch left heel forward, step next to right, touch right toe back