

Wo Ceng Jing Fa Le Feng De Xiang Remix (我曾经发了疯的想)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Heru Tian (INA) - July 2025
音乐: 我曾经发了疯的想 (DJ伟然版 KTV) - 燕宝儿
或: Wo Ceng Jing Fa Le Feng De Xiang (我曾经发了疯的想) (DJ伟然版) - Yan Bao Er (燕宝儿)



****2 Tag, No Restart**

****Tag 4C at the end of Wall 2 & 6 (both facing 6.00)**

Tag : Rocking Chair

1234 Rock RF Fwd (1), Recover on LF (2), Rock RF Bwd (3), Recover on LF (4)

Section 1 : Fwd, Side Touch, 1/4R Paddle Touch X2, Fwd, Side Touch, 1/4L Paddle Touch X2

1234 Step RF Fwd (1), Touch LF to L Side, Push Hip Left (2), 1/4R, Touch LF to L Side, Push Hip Left (3), 1/4R, Touch LF to L Side, Push Hip Left (4) (6.00)

5678 Step LF Fwd (5), Touch RF to R Side, Push Hip Right (6), 1/4L, Touch RF to R Side, Push Hip Right (7), 1/4L, Touch RF to R Side, Push Hip Right (8) (12.00)

Section 2 : Back, Point, Back, Point, Walks Fwd, Pivot 1/4L

1234 Step RF Back (1), Point LF to L Side (2), Step LF Back (3), Point RF to R Side (4)

5678 Walk RF Fwd (5), Walk LF Fwd (6), Step RF Fwd (7), Pivot 1/4L. Shifting weight to LF (8) (9.00)

Section 3 : Rock Fwd, Ball, Heel Tap Switches, Side Rock, Cross Shuffle

12 Rock RF Fwd (1), Recover on LF (2)

&3&4 Ball RF beside LF (&), Tap LF Heel Fwd (3), Close LF beside RF (&), Tap RF Heel Fwd (4)

5 6 Rock RF to R Side (5), Recover on LF (6)

7&8 Cross RF over LF (7), Step LF to L Side (&), Cross RF over LF (8)

Section 4 : Side Rock, 1/4L Recover, Coaster Step, Pivot 1/4L, Rock Back

1 2 Rock LF to L Side (1), Make a 1/4L, Recover on RF (2) (6.00)

3&4 Step LF Back (3), Step RF Next to LF (&), Step LF Fwd (4)

5678 Step RF Fwd (5), Pivot 1/4L, Shifting weight to LF (6) (3.00), Rock RF Back (7), Recover on LF (8)

Start again..

Enjoy the dance..

Best Regards,

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