Follow Til the End

拍数: 32

级数: Improver

编舞者: Maggie Gallagher (UK) - June 2025

音乐: Follow - Maria Sur

Intro: 8 counts (3 secs approx.). Start on the word "waters"

S1: R SIDE, TOUCH, L SIDE, TOGETHER, BACK, TOUCH, ¼ MONTEREY R

- Step right to right side, Touch left next to right 1-2
- 3-4 Step left to left side, Step right next to left
- Step back on left, Touch right next to left 5-6
- 7-8 Point right to right side, ¼ right stepping right next to left [3:00]
- Point left to left side, Step left next to right 1-2

S2: R ROCKING CHAIR, STEP, ½ PIVOT L

- 3-4 Rock forward on right, Recover on left,
- 5-6 Rock back on right, Recover on left
- 7-8 Step forward on right, Pivot 1/2 left [9:00]

S3: R LOCK STEP, HITCH, CROSS, SIDE, BEHIND, SWEEP

- 1-2-3 Step forward on right, Lock left behind right, Step forward on right
- 4 Hitch left knee up and slightly across right

Styling Note: Every chorus when she sings "follow", slowly raise both arms up during counts 1-4

- 5-6 Cross left over right, Step right to right side
- 7-8 Cross left behind right, Ronde sweep right from front to back

S4: EXTENDED WEAVE L, CROSS ROCK, RECOVER

- Cross right behind left, Step left to left side 1-2
- 3-4 Cross right over left, Step left to left side
- 5-6 Cross right behind left, Step left to left side
- 7-8 Cross rock right over left, Recover on left [9:00]

TAG: At the end of Wall 4 [12:00], dance the following 4 count Tag:

R HIP BUMP, L HIP BUMP, R HIP BUMP, L HIP BUMP

- 1-2 Step to right to right side bumping hips right, Bump hips left
- 3-4 Bump hips right, Bump hips left

ENDING: At the end of Wall 13 [9:00], turn ¼ right stepping forward on right to finish facing [12:00]

This dance Is dedicated to Andrea, Verena and all the dancers of Line Dance Moves Telfs, Austria

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墙数:4