My Old Phone

拍数: 32

级数: Improver

编舞者: Sabrina Crowe (USA) - July 2025

音乐: Old Phone - Ed Sheeran : (iTunes, Amazon & Spotify)

墙数:4

Starts almost immediately.

NO TAGS. NO RESTARTS.

Section 1: RIGHT WIZARD, LEFT WIZARD, FWD ROCK, REPLACE, TRIPLE FULL TURN

- 1 2 & Step forward on angle R (1), cross step L behind R (2), step forward on angle R (&)
- 3 4 & Step forward on angle L (3), cross step R behind L (4), step forward on angle L (&)
- 5 6 Rock forward on R (5), recover on L (6)
- 7 & 8 1/2 R stepping forward on R (7), step L next to R (&), 1/2 R stepping forward on R (8) (12:00)

Section 2: FWD ROCK, REPLACE, SHUFFLE ½ LEFT, ¼ PIVOT, CROSS SHUFFLE

- 1 2 Rock forward on L (1), recover on R (2)
- 3 & 4 Turn ¹/₄ L stepping L to L side (3), step R next to L (&), turn ¹/₄ L stepping L forward (4) (6:00)
- 5 6 Step forward R (5), pivot ¹/₄ left (weight on L) (6) (3:00)
- 7 & 8 Cross R Over L (7), Step L Behind R (&), Cross R Over L (8)

Section 3: ROCK SIDE, REPLACE, WEAVE, ROCK SIDE, REPLACE, SAILOR 1/2 TURN

- 1 2 Rock side L (1), replace weight R (2)
- 3 & 4 Cross L behind R (3), step side R (&), cross L over R (4)
- 5 6 Rock side R (5), replace weight L (6)
- 7 & 8 Cross R behind L (7), step L forward turning ¼ right (&), step R forward turning ¼ right (8) (9:00)

Section 4: CROSS ROCK & CROSS ROCK, FWD ROCK, REPLACE, COASTER STEP

- 1 2 & Cross rock L over R (1), recover on R (2), ball step L (&)
- 3 4 & Cross rock R over L (3), recover on L (4), ball step R (&)
- 5 6 Rock forward on L (5), recover on R (6)
- 7 & 8 Step back on L (7), step R next to L (&), step forward on L (8)

ENDING FACING 12:00: Dance one R Wizard (1,2,&) and hold with L (3) heel out.