

Yi Sheng Zhong Zui Ai Remix (一生中 最爱)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Improver
编舞者: Penny Tan (MY) - July 2025
音乐: Yi Sheng Zhong Zui Ai (一生中最爱) (DJ豪大大版) - Che Li Zi De Che Che (车厘子的车车)



Intro: 32C (7 Tags / No Restart)

Tag1 (8C) x2 after w1 (3:00)

Tag2 (4C) after W2 (6:00) , W8 (12:00) , W9 (3:00) , W13 (3:00) , W15 (9:00) , W16 (12:00 – ending)

Tag1 (8C):Sways ,Side Touches

1-4 Step RF to R with sway R-L-R-L

5-8 Step RF to R, touch LF next to RF , step LF to L, touch RF next to LF

***After W1 do Tag1 twice**

Tag2 (4C):Sways

1-4 Step RF to R with sway R-L-R-L

SEC1:CHARLESTON STEP , FWD SHUFFLE , PIVOT ¼ TURN R

1-4 Step RF fwd , swing LF from back to front, touch LF fwd, step LF back , swing RF from front to back , touch RF back

5&6 Fwd shuffle R-L-R

7-8 Step LF fwd , ¼ turn R , step RF to R (3:00)

SEC2:HINGE TURN ½ L , FWD SHUFFLE , FWD , HITCH ,BACK, TOUCH

1-2 Cross LF over RF , ¼ turn L , step RF back (12:00)

3&4 ¼ turn L , fwd shuffle L-R-L (9:00)

5-6 Step RF fwd , hitch L knee up

7-8 Step LF back , touch RF back

SEC3:ROCKING CHAIR , CROSS SHUFFLE , ½ TURN L CROSS SHUFFLE

1-4 Rock RF fwd , recover on L , step RF back , recover on L

5&6 Cross RF over LF , Step LF to L, cross RF over LF

7&8 ½ turn L , cross LF over RF ,step RF to R ,cross LF over RF (3:00)

SEC4:SIDE CHASSE, BACK, RECOVER (R-L)

1&2 Step RF to R , step LF next to RF , step RF to R

3-4 Step LF behind RF , recover on R

5&6 Step LF to L , step RF next to LF , step LF to L

7-8 Step RF behind LF , recover on L

Have fun and happy dancing!