Can't Say No



拍数: 48 墙数: 4 级数: Low Intermediate

编舞者: Frank Heelan (IRE) - July 2025

音乐: Can't Say No (feat. Ryan Hurd) - Colbie Caillat & Ryan Hurd



Sec 1 Cross side rock, cross side back.

1-2-3 Cross right over left, rock left to left, recover to right.4-5-6 Cross left over right, rock right to right, step back on left.

Sec 2 Back together, forward, cross turn, step back.

1-2-3 Step back on right, step left together, step forward right.

4-5-6 Cross left over right, turn 1/4 left step back right, step back left. (9.00)

Sec 3 Step back right, hitch left for two counts, step back left, right together, forward left.

1-2-3 Step back on right, hitch left for two counts,

4-5-6 Step back on left, right together, step forward left.

Sec 4 Step forward right, turn ½ right, step back left, step back right, step back left, right together, step forward left.

1-2-3 Step forward right, turn ½ right stepping back on left, step back on right.

4-5-6 Step back on left, right together, step forward left.

Sec 5 Step forward right, turn1/2 right, step back left, step back right, step back left, right together, step forward left.

1-2-3 Step forward right, turn ½ right stepping back on left, step back on right.

4-5-6 Step back on left, right together, step forward left.**

Sec 6 Step forward point hold, step back point hold.

1-2-3 Step forward on right, point left to left. Hold.4-5-6 Step back on left, point right to right. Hold. (9.00)

Sec 7 Behind turn, step, step. Cross side rock.

1-2-3 Step right behind, turn 1/8 left, step forward left, step forward right. (7.30)
4-5-6 Cross left over right, turning 1/8 left rock right to right, recover to left. (6.00)***

Sec 8 Behind turn, step, step. Cross side rock.

1-2-3 Step right behind, turn 1/8 left, step forward left, step forward right. (4.30)
4-5-6 Cross left over right, turning 1/8 left rock right to right, recover to left. (3.00)

Restart: 1: Wall 4 facing 9.00 dance 42 counts restart facing 3.00 *** Restart: 2: Wall 7 facing 900 dance 42 counts restart facing 3.00 *** Restart:3: Wall 8 facing 3.00 dance 30 counts restart facing 12.00. **

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