Born Yesterday

级数: High Beginner

编舞者: Helaine Norman (USA) - July 2025

音乐: Born Yesterday - Gareth

INTRO: 16

Tag & Restart: 1 Restarts: 2

拍数: 32

I.JAZZ BOX; NIGHTCLUB

- 1-4 Step R over, step L back, step R side, step L over
- 5-8 Rock R side, hold, rock L back, recover to R

II. SIDE-ROCK, RECOVER 1/4 R-TURN, FORWARD, HOLD; ROCKING CHAIR

- 1-4 Rock L side, making ¼ turn right recover to R, step L forward, hold 3:00
- 5-8 Rock R forward, recover to L, rock R back, recover to L

*RESTARTS: During wall 2 facing 12:00 & wall 5 facing 9:00

**TAG & RESTART: During wall 9 facing 3:00

III. CROSS-ROCK, RECOVER, SIDE, HOLD; BACK-ROCK, RECOVER, SIDE, HOLD

- 1-4 Rock R over, recover to L, step R side, hold
- 5-8 Rock L back, recover to R, step L side, hold.

Optional styling for 5-8: Rock on diagonal and recover to 3:00

IV. LOCK STEP, HOLD; CHASE 1/2 L-TURN, HOLD

- 1-4 Step R forward, step L behind, step R forward, hold
- 5-8 Step L forward making ¹/₂ turn right, weight to R 9:00, step L forward, hold

REPEAT

RESTARTS: After 16 counts of wall 2 facing 12:00. After 16 counts of wall 5 facing 9:00.

TAG & RESTART:

ROCKING CHAIR: After 16 counts facing 3:00 during wall 9. Wall 9 starts at 12:00).

1-4 Rock R forward, recover to L, rock R back, recover to L

SUGGESTED ENDING: Facing 12:00. After counts 1-4 (lock step with hold) of Section IV. ¼ R-TURN CASE, HOLD, ¼ L-TURN, SIDE, TOUCH/OR HOLD:

5-8 Step L forward making ¼ turn right, weight to R, step L forward 3:00, hold. Making ¼ turn left step R side, hold, touch L together for pose.

Helaine43@gmail.com





墙数:4