My Home



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Lasso Lee (AUS) - July 2025 音乐: My Home - The Wet Whistles



Tag: 16-count tag (after 3rd repetition)

SECTION 1 – DOUBLE RIGHT KNEE HITCHES, DOUBLE RIGHT HITCHES ACROSS LEFT KNEE, PIVOTS WITH LASSO (8 counts)

1&	Hitch right knee, slap with right hand – tap ball of right beside left
2&	Hitch right knee again, slap with right hand – tap ball of right beside left
3&	Hitch right across left, slap with left hand – tap ball of right beside left
4&	Hitch right across left again, slap with left hand – tap ball of right beside left
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5 Step right forward

6 Pivot ½ left (weight on left) – add lasso arm motion with right hand overhead

7 Step right forward

8 Pivot ½ left (weight on left) – lasso motion continues or finishes

SECTION 2 - GRAPEVINE, HEEL TAPS, PADDLE TURN WITH SLAPS (8 counts)

1	Step right to side
2	Step left behind right

&3 Step right – tap left heel front

&4& Left back in – Tap right heel front – right back in

5-6 Step on left – Paddle ½ to the left – slight hold with front and back thigh slaps on right thigh 7-8 Paddle ½ to the left (ending on ½ wall) – slight hold with front and back thigh slaps on right

thigh

SECTION 3 – JAZZ BOX, DIAGONAL SHUFFLES (8 counts)

1	Cross right over left
2	Step back on left

3&4 Step right ¼ to the right (back to original wall) left beside right

5&6 Shuffle diagonally forward right (right-left-right)
7&8 Shuffle diagonally forward left (left-right-left)

SECTION 4 - HEEL GRINDS, ROCK BACK, 3/4 RIGHT SPIN (8 counts)

1&2& Grind right heel across left (to left side) Step left diagonal behind weight on left, recover

weight on right

3&4 Grind left heel across right (to right side) Step right diagonal behind weight on right

5-6 Rock back on left – recover on right

7-8 Spin right ¾ – start new wall

TAG (16-count – After 3rd repetition)

1-2	Cross left over right – touch right to right side
3-4	Cross right over left – touch left to left side

5-6 Jazz box starting left: step left over right – step back on right

7-8 Step left to left side – right next to left

1-2	Step right – slightly drag left beside
3&4	Rock left behind right - recover right

5-6 Step left – slightly drag right7&8 Rock right behind left – recover

