

# I'll Be Back

拍数: 72      墙数: 4      级数: Phrased Improver  
编舞者: Miriam Neumann (DE) - July 2025  
音乐: I'll Be Back (feat. Arnold Schwarzenegger) - The BossHoss



## Phrased:

- Part A: 32 counts – turns  $\frac{1}{2}$  left (180°)
- Part B: 24 counts – turns  $\frac{1}{4}$  left (90°)
- Part C: 16 counts – mostly on the spot
- Tag: 8 counts – no turn

Structure: A-A-B-C, A-A-B-C, B-C, A-A-B, 1-8 Tag, B-C

Overall: The dance alternates walls based on the part – a mix of 2-wall and 4-wall structure due to phrasing and rotation pattern.

## Part A: 32c

### Section 1 – V-Step, Slide, Rock Step (right lead)

- 1-2      Step right forward diagonally, Step left forward diagonally
- 3-4      Step right back to center, Step left back to center
- 5-6      Slide right to right side, Touch left next to right (no weight)
- 7-8      Rock left diagonally back, Recover on right

### Section 2 – V-Step, Slide, Rock Step (left lead)

- 1-2      Step left forward diagonally, Step right forward diagonally
- 3-4      Step left back to center, Step right back to center
- 5-6      Slide left to left side, Touch right next to left (no weight)
- 7-8      Rock right diagonally back, Recover on left

### Section 3 – Side Point, Hitch, Coaster Step (x2)

- 1-2      Point right toe to right side, Hitch right knee
- 3&4      Step right back, Step left next to right, Step right forward
- 5-6      Point left toe to left side, Hitch left knee
- 7&8      Step left back, Step right next to left, Step left forward

### Section 4 – Monterey Turn (2 x $\frac{1}{4}$ right turn)

- 1-2      Point right to right side, Turn  $\frac{1}{4}$  right stepping right next to left
- 3-4      Point left to left side, Step left next to right
- 5-6      Point right to right side, Turn  $\frac{1}{4}$  right stepping right next to left
- 7-8      Point left to left side, Step left next to right

## Part B – (Refrain) 24c

### Section 1 – Diagonal Kick, Swivel, Side Shuffle (right & left lead)

- 1      Kick right foot diagonally forward left
- 2      Swivel right on ball of left foot to right
- 3&4      Step right to right side, Step left next to right, Step right to right side
- 5      Kick left foot diagonally forward right
- 6      Swivel left on ball of right foot to left
- 7&8      Step left to left side, Step right next to left, Step left to left side

### Section 2 – Repeat Section 1

- 1      Kick right foot diagonally forward left
- 2      Swivel right on ball of left foot to right
- 3&4      Step right to right side, Step left next to right, Step right to right side
- 5      Kick left foot diagonally forward right

- 6 Swivel left on ball of right foot to left  
7&8 Step left to left side, Step right next to left, Step left to left side

### **Section 3 – Jazz Boxes with ¼ Turn Left and Open**

- 1–2 Cross right over left, Step left back  
3 Step right to right side  
4–5–6 Cross left over right, Step right back, Step left to left side (¼ turn left)  
7–8 Step right open to the right, Step left open to the left  
→ Jump back with feet together on next count 1 (preparation for next part)

### **Part C – (Twist Section) 16c**

#### **Section 1 – Jump Backward, Full Body Twists**

- 1–2 Jump backward – feet together (weight evenly distributed), Right arm extended straight forward, Hand in a closed flex position (palm facing forward, fingers together)  
3–8 Twist (both feet twisting side to side)

#### **Section 2 – Continue Twisting**

- 1–8 Twist (continue twisting motion)

→ Finish with weight on left foot

**Styling Note:** Optional arm styling, upper body involvement, or gradual lowering/lifting of body level for dynamics.

#### **Ending Variation (last Part C, Section 2 – counts 5–8)**

**On the final repetition of Part C, Section 2 is danced only up to count 8 with a variation:**

- 5 Step right diagonally open to the right  
6 Step left diagonally open to the left  
7–8 Jump backward – feet together, landing firmly on count 8

**On counts 5–6–7–8, the lyrics say: “I’ll – be – back”**

→ The jump happens exactly on “back”

#### **Final Pose:**

- Right arm extended straight forward
  - Hand in a closed flex position (palm facing forward, fingers together)
  - Stand tall, confident – “Terminator-style”
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