

拍数: 32 墙数: 4 级数: Intermediate
 编舞者: Alisa Hart (USA) - July 2025
 音乐: M.I.A. - Graham Barham



***Dance starts 32 counts after the music starts**

Tag 1 – starts off dance

L sailor, R push, R shuffle ½ turn, L step ¼, R step ¼

1&2 3 4 Step L behind R, R to R side (make 1/8 turn towards 11'clock), L to L side, press R forward (3) recover L to prep for turn (4)

5&6 7 8 Shuffle back R w ½ turn (6:00), step forward L w ¼ turn L (3:00), Step back R w ¼ turn (12:00)

L coaster, Step R out, L out, toe heel, R press w knee pivot, behind side cross, ball cross behind

1&2&3&4 Step L back, R next to L, L forward (2), Step R out (&), step L out (3), swivel toe in (&), swivel heel in (4)

5 6 7&8 & Tap R toe to R side snaking knee/leg out and back in (5 6), Step R behind L, L to L side, cross R over L, Step L to L side prepping for the turn (&)

Restart – Wall 3 after count 16

Sweep ¾, R shuffle back, L vaudeville w ¼ turn w ¼ turn heel grind

1 2 3&4 Sweep L behind R in a ¾ turn (1-2)(9:00), R shuffle back

5 6& 7 8 Step L to L side (5), cross R behind L (6), ball step L ¼ turn (&), R heel grind ¼ turn (7 8)(3:00)

R shuffle ½ turn, slide L, R together, rolls hips

1&2 3 4 Shuffle R ½ turn (9:00), Step L to L side, slide R to L

5 6 7&8 Roll hips (5 6), kick R forward (7), step R down (&), point L to L side with a fast body roll (8)

Tag – Beginning of song

1&2 3 4 5 6 Kick R forward (1), step R down (&), point L to L side (2) with a body roll (3456)