

# Hot & Heavy

**COPPER** KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Alexandre Beauregard (CAN) & Ashley Pelletier (CAN) - July 2025  
音乐: Hot & Heavy - Tyla Rodrigues



**INTRO: 8 counts**

Tag after 24 counts wall 8 facing 6 o'clock

Bridge right after tag facing

Finale right after the bridge

**[1-8] WALK, WALK, OUT, OUT, IN, IN, ¼ PADDLE LEFT, FWD, TOUCH**

1-2            Step RF Fwd, Step LF fwd,  
&3&4        Step RF right, Step LF left, step RF to center, step LF next to right  
5-6        Keeping weight on LF touch R toes fwd, push off and ¼ turn left  
7-8        Step RF fwd, touch L toe behind RF

**[9-16] BACK-LOCK-BACK, TOE, UNWIND ½ TURN RIGHT, STEP FWD, KICK, OUT, OUT, FLICK**

1&2        Step LF back, step RF crossed in front of left, step LF back  
3-4        R toe back, pivot ½ turn right and drop weight on RF  
5-6        Step LF fwd, Kick RF fwd  
&7&8       RF back right, LF back left, RF to center, LF next to right

**[17-24] SIDE, BEHIND, SIDE, HEEL & CROSS, BACK ¼ TURN R, STEP ¼ TURN RIGHT, CROSS SHUFFLE**

1-2&       RF to right, LF crossed behind right, RF right  
3&4        L Heel diagonal left, LF next to right, cross RF in front of left  
5-6        Step LF back ¼ turn right, Step RF right ¼ turn right  
7&8        cross LF in front of right, RF right, cross LF in front of right

**\*\*\*Tag Here on wall 8 facing 6 o'clock followed by the bridge and finale\*\*\***

**[25-32] STOMP R, HOLD, STOMP LEFT, HOLD, STEP FWD, BOUNCE TWICE W/ ½ TURN LEFT, FLICK BACK**

1-2        Stomp RF right, hold  
3-4        Stomp LF left, hold  
5-6        RF fwd, bounce heels ¼ turn left  
7-8        Bounce heels ¼ turn left, flick RF behind

**TAG – On wall 8 after 24 counts of the dance add the following counts**

**[1-8] STOMP. HOLD, STOMP HOLD**

1-4        Stomp RF to right, Hold  
5-8        Stomp LF to left, Hold

**BRIDGE – Dance counts 25-32**

**FINALE**

**[1-8] WALK, WALK, OUT, OUT, CROSS, UNWIND FULL/DOUBLE SPIN or STOMP & HOLD**

1-2        Step RF fwd. step LF fwd  
&3&4       Step RF right, Step LF left, step RF to center, step LF next to right  
5        Cross RF in front of left  
6-8       Unwind slow full or quick double turn to the left

**\*\*Stomping option\*\*\***

During finale, on count 5 stomp RF fwd and hold until music ends

