

Look at Me

拍数: 64 墙数: 3 级数: Phrased Advanced
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音乐: Looking at Me - Sabrina Carpenter



Intro: Start approx. 9 seconds

Sequence: A, A16, B, C, A, A16, B, C, C, A16*, last 8 counts of A (facing 12:00), Tag, B, C, C

Notes: A = 32c, B = 32c, C = 16c

*A16 = first 16 counts of Part A, restarting to last 8 counts of A facing 12:00

As you finish 16 counts of A, you will be facing 12:00 with weight ending on right foot. You will then proceed onto the last 8 counts of A (counts 25-32) before going into the tag, still facing 12:00.

Part A — 32 Counts

[1 — 8] Step Forward, Press, Sweep & Hitch, Point, Behind Side Step, Circle Hips

- 1-2 Step RF fwd (1), press LF fwd (2)
- 3-4 Sweep LF behind RF (3), Hitch RF (4),
- 5-6 Point RF to right side (5), Step RF behind LF (6)
- 7-8 Step LF to left side (7), Circle hips counterclockwise (8) - finish weight on LF

[9 — 16] 1/4 Chug x2, Sailor Step, Behind Side Cross, 1/2 Unwind with Bounce

- 1-2 Chug with 1/4 turn right (x2)
- 3&4 Step RF behind LF (3), Step LF to side (&), Step RF diagonal forward (4)
- 5&6 Step LF behind RF (5), Step RF to side (&), Cross LF over RF (6)
- 7-8 Unwind 1/2 right (bounce 2x for styling) - finish weight on LF

[17 — 24] Ball Step & Heel Twist 2x, Touch Back, Kick, Step Behind, Clap x2

- 1&2 Turn 1/4 right touching RF beside LF (1) shift weight to RF (&), twist both heels right (2) (no change of walls)
- 3&4 Turn 1/4 right touching RF beside LF (3) shift weight to RF (&), twist both heels right (4) (no change of walls)
- 5&6 Turn 1/4 left touching right toe back (5), pivot 1/2 right on LF (&) kick right leg up (6)
- 7&8 Step RF behind LF (7), Clap twice (&8)

[25 — 32] Step Back with Body roll, Touch, Rock-Recover, 1/2 Pivot x2, Touch

- 1-2 Step LF back with a body roll (1), Touch RF in front of LF (2)
- 3-4 Rock RF back (3) recover on LF (4)
- 5-6 Step RF fwd (5), Pivot 1/2 turn left (6)
- 7&8 Step RF fwd (7), Pivot 1/2 turn left shoulder (&), touch RF behind LF (8)

PART B — 32c

[1 — 8] Flick, Point, 1/4 Sweep, Coaster Step, Lock Step, Shuffle

- 1-2 Flick R heel up (1), Point R toe fwd (2)
- 3&4 Sweep RF behind LF turning 1/4 right (3), Step LF back (&), Step RF fwd (4)
- 5-6 Step LF fwd dragging RF behind (5), Lock RF behind LF (6)
- 7&8 Step LF fwd (7), Step RF behind LF (&), Step LF fwd (8) - finish weight on LF

[9 — 16] Scuff 1/4 Turn, Heel Swivels, Heel-Toe-Hitch, Side Step, Sway Hip

- 1-2 Scuff RF turning 1/4 left (1), Step RF down (2) (facing new wall)
- 3&4& Twist R heel in towards LF (3) Twist R heel back to center(&), Twist L heel in towards RF (4)
Twist L heel back to center (&)
- 5&6 Twist R heel towards LF (5), Twist R toe towards center (&), Hitch R (6)

7&8 Step RF to R side (7), Sway hips downward (&8) (bend left knee, lean into right hip - weight finishes on RF)

[17-24] 1/4 Chug x2, Mambo Step, Rock-Recover, Step fwd, Shuffle

&1&2 Switch weight onto LF (&) Step RF out turning 1/4 left (1), Switch weight onto LF (&) Step out RF turning 1/4 left (2)
3&4 Mambo Forward - Step RF forward (3), Rock back on LF (&), Step RF beside LF (4)
5&6 Step LF behind on left diagonal (5), Recover weight on RF (&), Step LF Forward (6)
7&8 Step RF forward (7), Step LF behind RF (&), Step RF forward

[18-32] Scuff, Step back, Heel Swivels, Slide back with knee pops, Out Out, Cross

1-2 Scuff LF fwd (1), Step LF back (2)
3&4 Swivel RF heel twice right (hip styling)
&5&6 Step RF back (&) pop L knee out (5), Step LF back (&) pop R knee out (6)
&7&8 Step RF out (&), Step LF out (7), Step RF in (&), cross LF over RF (8)

Part C - 16c

[1 — 8] Wizard Step x2, 1/2 Pivot, Full Turn Left

1&2 Step RF forward on diagonal (1), Step LF behind RF (&), Step RF forward (2)
3&4 Step LF forward on diagonal (3), Step RF behind LF (&), Step LF forward (4)
5-6 Step RF forward (5), Pivot 1/2 Turn left (6),
7-8 Step RF turning 1/4 left (7), Step LF turning 3/4 (full turn over left shoulder)

[9 — 16] Cross Rock-Recover, Side shuffle, Cross Rock-Recover, Side shuffle

1&2 Cross RF over LF (1), Recover on LF (2)
3&4 Step RF to right side (3), Step LF together with RF (&), Step RF to right side (4)
5-6 Cross LF over RF (5), Recover on RF (6)
7&8 Step LF to left side (7), Step RF together with LF (&), Step LF to left side(8)

TAG (2 Counts — End of Part A on Wall 5)

[1 — 2] Walk, Walk

1-2 Walk fwd on R (1), Walk fwd on L (2)
