

# The Ketchup Line Dance

**COPPER** KNOB  
STEPPERS

拍数: 0      墙数: 1      级数: Beginner line/contra dance  
编舞者: Bob Izral (USA)  
音乐: Aserejé (The Ketchup Song) - Las Ketchup



## Sequence:

A

B counts 1-20 of B 4 more counts of wiggling (to remain facing forward during the guitar solo)

A B

A up to count 64 only (leave off the mambos)

B

Repeat counts 1-24 of Section B until the song fades out

## SECTION A

### 4 STROLLS WITH LATIN HIP MOVEMENTS

- 1-4              Step right diagonally forward, lock left behind, step right diagonally forward, hold
- 5-8              Step left diagonally forward, lock right behind, step left diagonally forward, hold
- 9-12             Step right diagonally forward, lock left behind, step right diagonally forward, hold
- 13-16            Step left diagonally forward, lock right behind, step left diagonally forward, hold

### 3 CROSS BALL CHANGES TRAVELING BACKWARD, ROCK STEP TURN

- 17-20            Cross right in front of left foot, step left backward, step right diagonally backward, hold
- 21-24            Cross left in front of right foot, step right backward, step left diagonally backward, hold
- 25-28            Cross right in front of left foot, step left backward, step right diagonally backward, hold
- 29-32            Rock left forward, replace right backward, pivot ½ left & step left forward, hold

## REPEAT COUNTS 1-32

- 33-64            Repeat counts 1-32 (4 strolls, 3 cross ball changes, rock step turn)

## 4 SIDE MAMBOS

- 65-68            Rock right to side, replace left, step right together, hold
- 69-72            Rock left to side, replace right, step left together, hold
- 73-76            Rock right to side, replace left, step right together, hold
- 77-80            Rock left to side, replace right, step left together, hold

## SECTION B

### HAND JIVE, HITCHHIKES

Option: bump hips in this section: right, right, left, left, right, right, left, left

- 1&2&            Cross right hand over left hand, pull hands apart, repeat 1&
- 3&4&            Cross left hand over right hand, pull hands apart, repeat 3&
- 5&6&            Hitchhike right thumb over right shoulder, bring right hand down, repeat 5&
- 7&8&            Hitchhike left thumb over left shoulder, bring left hand down, repeat 7&

### SHAKE WATER FROM HANDS, POSE WITH KNEE KNOCKS, WIGGLE, STEP-TURN-STOMP-CLAP

- 9-12            Raise both hands from the shoulders to the sky "shaking water from hands" for 4 counts and bump hips: right, left, right, left
- 13-16            Knock knees together 4 times while placing right hand in front of forehead (palm forward) and left hand behind back of head (palm forward)
- 17-20            Any kind of wiggling (hip bumps, body rolls, shimmies, etc.) For 4 counts
- 21-24            Step right forward, pivot ¼ left, stomp right in place, clap hands

## REPEAT COUNTS 1-24

- 25-48            Repeat counts 1-24 (hand jive thru step-turn-stomp-clap)

**REPEAT COUNTS 1-24 AND ADD EXTRA STEP-TURN-STOMP-CLAP TO END FACING FORWARD**

49-72 Repeat counts 1-24

73-76 Repeat counts 21-24 (step right forward, pivot  $\frac{1}{4}$  left, stomp right in place, clap hands)

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