Kicking It Up

拍数: 32

STEP 1&2

3&4

6-7

5

8

1-2

3-4

5&6

7-8

1&2 3&4

5

8

1&2

3&4

5

6

7

8

6-7

级数: Intermediate

KICK-STEP, SIDE TAP, KICK-STEP, SIDE TAP, STOMP, KICK FRONT, KICK BACK (1/2 TURN LEFT),

Kick right foot forward, step ball of right foot home, tap left toes to left side

Kick left foot forward, step ball of left foot home, tap right toes to right side

Kick left foot forward, kick left foot behind and turn 1/2 to left on right foot (left foot is now

编舞者: Scott Lanius (USA)

Stomp right foot home

音乐: Kickin' It Up - John Michael Montgomery

forward in air) Step left foot forward 1/2 PIVOT TO LEFT, 3/4 PIVOT TO LEFT, SIDE SHUFFLE, CROSS BEHIND, UNWIND Step right foot forward, pivot 1/2 to left on right foot and step down on left foot (left foot is forward) Step right foot forward, pivot ³/₄ to left on right foot and step down on left foot (now facing 3:00 wall with left foot crossed over right foot) Side shuffle to right (right-left-right) Step left foot crossed behind right foot, unwind ¹/₂ turn to left (facing 9:00 wall) and weight on left foot **REPEAT FIRST 8 COUNTS (BEGIN FACING 9:00 WALL)** Kick right foot forward, step ball of right foot home, tap left toes to left side Kick left foot forward, step ball of left foot home, tap right toes to right side Stomp right foot home Kick left foot forward, kick left foot behind and turn 1/2 to left on right foot (left foot is now forward in air) Step left foot forward CHA-CHA LOCK STEPS, PADDLE TURNS ¾ TO LEFT Cha-cha forward right-left-right, locking left foot to right of right foot on "&" Cha-cha forward left-right-left, locking right foot to left of left foot on "&" Tap right toes to right Pivot ¼ to left on ball of left foot and tap right toes to right Pivot ¼ to left on ball of left foot and tap right toes to right Pivot ¼ to left on ball of left foot and tap right toes to right (completing ¾ turn and now facing 2nd wall) REPEAT





墙数:2