Kickin' Up Dust

拍数: 40

级数: Improver

编舞者: Beth Ronfeldt (USA)

音乐: Down On the Farm - Tim McGraw

SHUFFLE & SCUFF, SHUFFLE & SCUFF

- 1&2 Shuffle forward on right, left, right
- 3-4 Step left foot forward; scuff right foot forward
- 5&6 Shuffle forward on right, left, right
- 7-8 Step left foot forward; scuff right foot forward

HEEL SLAPS, VINE RIGHT WITH TURN

- 9-10 Step right foot to right; raise left foot behind and slap heel with right hand
- 11-12 Step left foot to left; raise right foot behind and slap heel with left hand
- 13-14 Step right foot to right; step left foot behind right
- 15&16 Making 1/4 turn to right on first step shuffle forward on right left, right

ROCK & STOMP

- 17-18 Rock forward onto left foot; step right foot in place
- 19-20 Stomp left foot next to right; stomp (up) right foot in place

ROLLING VINES RIGHT & LEFT

- Step right foot to right starting 1/2 turn to right 21
- 22 Step left foot past right completing 1/2 turn
- 23 Step right foot behind and around right making another 1/2 turn
- 24 Bring left foot around to touch next to right
- 25 Step left foot to left starting 1/2 turn to left
- 26 Step right foot past left completing 1/2 turn
- 27 Step left foot behind and around right making another 1/2 turn
- 28 Bring right foot around to touch next to left

STROLL

- 29-30 Step right foot forward; step left foot behind right (turn slightly to left)
- 31-32 Step right foot forward; hitch left knee
- 33-34 Step left foot forward; step right foot behind left (turn slightly to right)
- 35-36 Step left foot forward; hitch right knee

CROSS, UNWIND, STOMP, STOMP

- 37-38 Cross right foot over left; unwind ¹/₂ turn left (weight to left)
- Stomp right foot in place; stomp left foot in place 39-40

REPEAT





墙数:4