

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Tom Kendrick (UK)
音乐: Kids - Kylie Minogue & Robbie Williams



TOE KICK CROSS TWICE, HALF MONTEREY, QUARTER TURN

- 1&2 Tap the right toe next to the left, kick the right foot, step right foot across the left
- 3&4 Tap the left toe next to the right, kick the left foot, cross the left over the right
- 5-6 Point the right foot to the right side, turn a half turn over the right shoulder on the left foot and put weight down on right
- 7-8 Point the left toe to the left side and turn a quarter turn to the right (weight on right)

COASTER STEP, POINT CROSS TWICE, ROCK, RECOVER

- 1&2 Step the left foot back, step the right foot next to it and step the left foot forward
- 3-4 Point the right foot to the right side and cross the right over the left
- 5-6 Point the left foot to the left side and cross the left over the right
- 7-8 Rock forward on the right and back onto the left

SAILOR STEP, POINT FORWARD, POINT SIDE, SAILOR STEP, POINT FORWARD, POINT SIDE

- 1&2 Step the right foot behind the left, step forward on right, step left together
- 3-4 Point the left foot forward, point the left foot to the left side
- 5&6 Repeat steps 1&2 on opposite foot
- 7-8 Repeat steps 3-4 on opposite foot

CROSS SIDE, BEHIND AND IN FRONT, SIDE ROCK RECOVER CROSS SHUFFLE

- 1-2 Cross the right foot over the left and step the left foot to the left side
- 3&4 Step the right foot behind the left, step the left to the left side, cross the left in front of the right
- 5-6 Side rock to the left side on the left foot and recover the weight on to the right foot
- 7&8 Step the left foot over the right, drag your right foot up to the left, step the left foot to the side (a cross shuffle)

BUMP HIPS

- &1&2 Step the right to the right side bump the hips right, left, right
- 3&4 Bump the hips left, right, left
- 5&6 Bump the hips right, left, right
- 7&8 Bump the hips left, right, left

LUNGE RECOVER SAILOR STEP LUNGE RECOVER SAILOR STEP

- 1-2 Lunge to the right with the right foot and recover the weight
- 3&4 Step the right behind the left, step the left foot forward and step the right next to the left
- 5-6 Repeat steps 1-2 on opposite foot
- 7&8 Repeat steps 3&4 on opposite foot

REPEAT