

The Killer Battery

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 2 级数: Advanced
编舞者: Steven Bray
音乐: Battery - Metallica And San Francisco Symphony Orchestra



KNEE LIFTS, BACK TOUCH, SIDE TOUCH

- 1& Weight on left foot and raise your right-leg, right foot down
- 2& Weight on left foot and raise your right-leg, right foot down
- 3& Weight on left foot and raise your right-leg, right foot down
- 4 Right-knee up and bent your upper body to that knee
- 5-6 Step back on right, touch left beside right
- 7-8 Step left to left side making $\frac{1}{4}$ turn right, touch right beside left

SHUFFLE, SHUFFLE, SHUFFLE, SHUFFLE

- 9&10 Step right to right side, step left beside right, step right to right side
- 11&12 Step left to left side, step right beside left, step left to left side
- 13&14 Step forward on right, step left beside right, step right forward
- 15&16 Step left to left side, step right beside left, touch left to left side

SAILOR TURN, SHUFFLE, SAILOR TURN, SHUFFLE

- 17&18 Step right behind left making $\frac{1}{4}$ turn right, step forward left making $\frac{1}{4}$ turn right, step right to right side making $\frac{1}{2}$ turn right
- 19&20 Step left to left side, step right beside left, touch left to left side
- 21&22 Step left behind left making $\frac{1}{4}$ turn left, step forward left making $\frac{1}{4}$ turn left, step left to left side making $\frac{1}{2}$ turn left
- 23&24 Step left to left side, step right beside left, step left to left side

JUMPS $\frac{1}{2}$ TURN, TURNING JUMPS, SHOULDER JIVING, INWARD SLIDE

- 25&26 Jump both feet apart, jump both feet together, jump both feet apart making $\frac{1}{2}$ turn right
- 27& Jump making $\frac{1}{2}$ turn right, jump making $\frac{3}{4}$ turn (landing in crouched position with both feet shoulder width apart)
- 28 Thrust right shoulder to right diagonal
- 29 Thrust left shoulder to left diagonal
- 30&31 Thrust right shoulder to right diagonal, thrust left shoulder to left diagonal, thrust right shoulder to right diagonal
- 32 (While leaving crouched position) slide both feet together

TIGER SLIP, TIGER SLIP, TIGER SLIP, SHAKY KNEES & ARM JIVES

- 33 Slide right foot back while leaning back and rising back of right hand in front of face
- 34 Slide right foot forward while returning right hand to right side and returning to an upright position (taking weight)
- 35 Slide left foot back while leaning back and rising back of left hand in front of face
- 36 Slide left foot forward while returning left hand to left side and returning to an upright position (taking weight)
- 37 Slide right foot back while leaning back and rising back of right hand in front of face
- 38 Slide right foot forward while returning right hand to right side and returning to an upright position (taking weight)
- 39 Pop both knees out while going up on your toes leaning to the right
- & Pop both knees still up on your toes leaning to the right
- 40 Pop both knees out while going up on your toes leaning to the right

Hands: both hands about shoulder width apart (39), cross both arms making an x (&), return both hands shoulder width apart (40)

STOMPS & NODS, JUMPS

- 41 Stomp right at 45 degrees angle right and nod
- & Raise right leg into low-hitch and raise head to an upright position
- 42 Stomp right at 45 degrees angle right and nod
- & Raise right leg into low-hitch and raise head to an upright position
- 43 Stomp right at 45 degrees angle right and nod
- & Raise right leg into low-hitch and raise head to an upright position
- 44 Stomp right at 45 degrees angle right and nod
- & Raise head to upright position and step right beside left
- 45 Jump both feet apart making $\frac{1}{4}$ turn right
- & Jump both feet together making $\frac{1}{4}$ turn right
- 46 Jump both feet apart making $\frac{1}{4}$ turn right
- & Jump both feet together making $\frac{1}{2}$ turn left
- 47 Jump both feet apart making $\frac{1}{2}$ turn right
- & Jump both feet together making $\frac{1}{2}$ turn left
- 48 Jump both feet apart making full turn right

BODY ROLLS, METAL ARM STYLING & STOMPS, METAL ARM STYLING NODS

- 49-50 Body roll down
- 51-52 Body roll up
- 53-54 Stomp right twice at 45-degree angle right leaning body right as you stomp
- 55-56 Nod twice at 45-degree angle right leaning body right as you nod

Hands: on counts 53-56, bring hands up in front of chest holding your middle two fingers with thumb moving hands as you nod/stomp

POINT, TURN, POINT, TURN, POINT, TURN, POINT, TURN, POINT, TURN, POINT, TURN, POINT

- 57 Point right to right side
- & Make a $\frac{1}{2}$ turn right
- 58 Point right to right side
- & Make $\frac{1}{2}$ turn left
- 59 Point right to right side
- & Make a $\frac{3}{4}$ turn right bringing right beside left
- 60 Point left to left side
- & Make a $\frac{1}{2}$ turn left
- 61 Point left to left side
- & Make a $\frac{1}{2}$ turn right
- 62 Point left to left side
- & Make a $\frac{3}{4}$ turn left
- 63 Point right to right side
- &64 Make 2 full turns

SQUARE MASH POTATOES, POINTED SCUFFS, SAILOR TURN

- 65 Step right behind left swiveling both heels out, in
- 66 Step left behind right making $\frac{1}{4}$ turn left swiveling both heels out, in
- 67 Step right behind left making $\frac{1}{4}$ turn left swiveling both heels out, in
- 68 Step left behind right making $\frac{1}{4}$ turn left swiveling both heels out, in
- 69-70 (Keep toe pointed) scuff right twice at 45 degrees right
- 71&72 Step left behind left making $\frac{1}{4}$ turn left, step forward left making $\frac{1}{4}$ turn left, touch left to left side

REPEAT COUNTS 65-70 ON OPPOSITE FOOT, $\frac{1}{4}$ TURN SAILOR

- 73-78 Repeat counts 65-70 on opposite foot
- 79&80 Step left behind left making $\frac{1}{4}$ turn left, step forward left, touch left to left side

FORWARD MASH POTATOES, SNAKE ROLL, HEAD PUSHES

- 81 Step right in front of left swiveling both heels in
- & Raise left swiveling both heels out
- 82 Step left in front of right swiveling both heels in
- & Raise right swiveling both heels out
- 83 Step right behind left swiveling both heels in
- & Raise left swiveling both heels out
- 84 Step left in front of right swiveling both heels in
- 85-86 Snake roll right while leaning down
- 87-88 Push head left twice rising up

SLOW BODY ROLL, BODY ROLL, NODS & STOMPS

- 89-92 Body roll down over 4 counts
- 93-94 Body roll up

After body roll up, your head should flow into next steps

- 95-96 Nod twice (should flow from upward body roll) while stomping right twice (not taking weight)

REPEAT
