King Cat

拍数: 64

级数: Improver

编舞者: Jan Brookfield (UK)

音乐: The Lion Sleeps Tonight - Easy-Rider

TOE STRUTS TWICE, SIDE ROCK, TOE STRUT, SIDE ROCK, CROSS SHUFFLE, FULL ROLLING TURN TRAVELING RIGHT, SCUFF

- 1-4 Step right to side, toe then heel, step left across in front of right, toe then heel
- 5-6 Step right to side, rock weight onto left
- 7-8 Step right across left, toe then heel
- 9-10 Step left to side, rock weight onto right
- 11&12 Shuffle left right left across in front of right
- 13-16 Full rolling turn over left shoulder (traveling right) stepping right left right, scuff left heel

TOE STRUTS TWICE, SIDE ROCK, TOE STRUT, SIDE ROCK, CROSS SHUFFLE, FULL ROLLING TURN TRAVELING LEFT, SCUFF

- 17-20 Step left to side, toe then heel, step right across in front of left, toe then heel
- 21-22 Step left to side, rock weight onto right
- 23-24 Step left across right, toe then heel
- 25-26 Step right to side, rock weight onto left
- 27&28 Shuffle right left right across in front of left
- 29-32 Full rolling turn over right shoulder (traveling left) stepping left right left, scuff right heel

"FLY LIKE A BIRD" TYPE ROCKS WITH TURNS X 3, SCUFF INTO QUARTER TURN TOE STRUT, HEEL SWITCHES

- 33-34 Step right to side, rock weight onto left
- 35-36 Rock weight onto right making quarter turn right, hold for one count
- 37-38 Making quarter turn right, step left to side, rock weight onto right
- 39-40 Rock weight onto left making guarter turn left, hold for one count
- 41-42 Making quarter turn left step right to side, rock weight onto left
- 43-44 Making quarter turn right rock onto right, scuff left heel forward

You are now at 3:00 position

- 45-46 Making quarter turn right step left to side, toes then heel
- 47&48& Tap right heel forward, step on right in place, tap left heel forward, step on left in place

"FLY LIKE A BIRD" TYPE ROCKS WITH TURNS TWICE, SCUFF, STEP, SCUFF, SHUFFLE, JAZZ BOX WITH JUMP & CLAP

- 49-55 Repeat steps as for 33-39
- 56 Scuff right heel forward (instead of the hold in count 40)

You are now facing 9:00

- 57-58 Step right forward, scuff left heel forward
- 59&60 Shuffle forward left right left
- 61-62 Step right across in front of left, step back on left
- &63-64 Jump out-out on right left, clap hands

REPEAT





