

Kristian Life

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate nightclub
编舞者: Gaye Teather (UK)
音乐: Story of My Life - Kristian Leontiou



CROSS, SIDE, STEP, SYNCOPATED WEAVE RIGHT, CROSS ROCK, TRIPLE $\frac{3}{4}$ LEFT

1-2 Cross right over left, step left to left
& Step right beside left
3&4 Cross left over right, step right to right, cross left behind right
& Step right to right
5-6 Cross rock left over right, recover onto right
7&8 Triple $\frac{3}{4}$ turn left stepping left, right, left (3:00)

FORWARD ROCK, STEP, BACK- STEP, BACK- STEP, LEFT SHUFFLE FORWARD, STEP $\frac{1}{2}$ TURN LEFT, STEP

9-10 Rock forward on right, recover onto left
& Step right beside left
11&12 Step back on left, step right beside left, step back on left
& Step right beside left
13&14 Step forward on left, step right beside left, step forward on left
15&16 Step forward on right, pivot $\frac{1}{2}$ turn left, step forward on right (9:00)

SIDE ROCK, LEFT SAILOR STEP, RIGHT SAILOR STEP, BEHIND, UNWIND $\frac{3}{4}$ LEFT

17-18 Rock left to left side, recover onto right
19&20 Step left behind right, step right to right, step left to left
21&22 Step right behind left, step left to left, step right to right
23-24 Cross left behind right, unwind $\frac{3}{4}$ turn left (weight ends on left) (12:00)

FORWARD ROCK-RECOVER, STEP, HEEL SWITCHES LEFT AND RIGHT, HEEL JACK TURNING $\frac{1}{4}$ LEFT, STEP $\frac{1}{4}$ TURN LEFT

25-26 Rock forward on right, recover onto left
& Step right beside left
27&28 Touch left heel forward, step left in place, touch right heel forward
& Step right in place
29&30 Cross left over right, turn $\frac{1}{4}$ left stepping back on right, touch left heel forward

On the & count of steps 29 & 30 angle body backwards as in a "stumble"

& Step left in place
31-32 Step forward on right, pivot $\frac{1}{4}$ turn left (6:00)

REPEAT

RESTART

On 3rd wall, dance up to step 24 and then start dance again from the beginning (you will be facing 12:00).