Ladies Night



编舞者: Stephen (Hillbilly) Howard 音乐: Ladies Night - Atomic Kitten



WALK, WALK, KICK BALL CHANGE, POINT X 3 HITCH & CROSS

Walk forward right, left, kick right forward, step right beside left, step onto left in place 5&6& Point right to right side, close right to left, point left to left side, close left to right

7&8 Point right to right side, hitch right knee, cross right in front of left keeping weight on left

HOLD, UNWIND, KICK AND POINT TWICE, CROSS UNWIND

9-12 Hold for one beat, unwind ½ a turn to the left keeping the weight on the left, kick right

forward, close right to left, point left to left side

13-16 Kick left forward, close left to right, point right to right, cross right behind left, unwind ½ turn to

the right

STEP LEFT, 2 HIP BOUNCES AND TAP, SAILOR STEP, ¼ TURN SAILOR STEP

17-20 Step left to left, bounce hip to the left twice (2-3), tap right toe next to left foot

21&22 Cross right behind left, step left to left side, step right to place

23&24 Cross left behind right, step right to right making ¼ turn left, step forward on left

ROCK, ROCK, SHUFFLE BACK, COASTER STEP, TURN TWICE

25-26 Rock forward on right, rock back on left

27&28 Step back right, close left beside right, step back right 29&30 Step back left, step right beside left, step forward left

31-32 Step forward right making ½ turn left, step forward left making ½ turn left (thus making a

complete turn to the left)

REPEAT

RESTART

During wall 3 dance beats 1 to 20 then restart dance