Larger Than Life

拍数: 40

级数: Intermediate/Advanced

编舞者: Sharon Davis (USA)

音乐: Larger Than Life - Backstreet Boys

RUNNING MAN FORWARD STARTING WITH RIGHT FOOT

- &1 Scoot back on left and at the same time hitch right foot, step forward right
- &2 Scoot back on right and at the same time hitch left, step forward left
- &3 Scoot back on left and at the same time hitch right, step forward right
- &4 Scoot back on right and at the same time hitch left, step forward left
- & Scoot back on left and at the same time hitch right

ROCK FORWARD AND BACK ON RIGHT

5&6&7&8& Rock forward right, rock back left, rock back right, rock forward left, rock forward right, rock back left, rock back right, rock forward left

SYNCOPATED VINES LEFT

- 9-10-11&12 Cross right over left, step left with left, cross right behind left, step back left, step right over left
- 13-14-15&16 Step left with left, cross and step right behind left, step left to left, cross and step right over left, step left to left side

Alternate steps

- 9-10-11&12& Cross step right over left, step left to left side, step right behind left, step back with left, cross step right over left, step back on left
- 13&14&15&16& Touch left heel to front, step right foot back, cross left over right, step back on right, touch left heel forward, step back on left, cross right over left, step back on left

RIGHT KICK BALL CROSSES MOVING TO RIGHT

17&18-19&20 Right kick, step back on right, cross left over right, right kick, step back on right, cross left over right

STEP RIGHT, SLIDE LEFT TO RIGHT, JUMPING JACKS

21-22-23&24& Step long to right, slide left to right, jump out, in, out, in

SIDE TOUCHES AND SWIVELS TO LEFT ¾ TURN

- 25& Jumping out touch right to side, swivel left on left foot and hitch right up toward left
- 26&27&28& Repeat 3 more time making ³/₄ turn left

TOUCHES RIGHT SIDE & LEFT SIDE & RIGHT HEEL FORWARD & LEFT HEEL FORWARD

- 29&30& Touch right toe to right side, bring right in beside left, touch left toe to left side, bring left in beside right
- 31&32& Touch right heel forward, bring right in beside left, touch left heel forward, bring left in beside right

STOMP FORWARD WITH RIGHT AT RIGHT ANGLE, SWIVEL HEELS

33-34-35&36 Stomp forward at angle with right, swivel heels right, swivel heels left, right, left

STOMP FORWARD WITH LEFT AT LEFT ANGLE, HEELS

37-38-39&40 Stomp forward at angle with left, swivel heels left, swivels heels right, left, right

REPEAT

When dancing to "Larger Than Life" by Backstreet Boys, start when vocals start. There is a break after count 24 of the 5th series. Do the following for the 48 counts. Other songs don't need the break





墙数:4

1-8 Same as counts 25-28 only continue to do 7 touches rotating a full turn left and step right foot in beside left on count 8

9-16 Repeat with touches with left foot for 7 touches rotating full turn right

Repeat 4 more times until music starts again, go back to beginning and continue dance till end of music Dance will end after 4 more repetitions. On count 25 (after jumps out & in, out & in), jump out and stomp right foot to right to end