

Last Request

拍数: 32 墙数: 4 级数: Improver nightclub
编舞者: Barbie Snell (UK) & Andy Snell (UK)
音乐: Last Request - Paolo Nutini



STEP BACK, COASTER, POINT, BEHIND SIDE CROSS, ROCK AND CROSS

- 1 Step back right
- 2&3 Step back left, step right next to left, step forward left
- 4 Point right to right side
- 5&6 Cross right behind left, step left to left side, cross right over left
- 7&8 Rock left out to left side, recover weight onto right, cross left over right

PRISSY WALKS TWICE, COASTER, PIVOT ½, LEFT LOCK STEP

- 1-2 Walking forward crossing right over left, left over right
- 3&4 Step back right, step left next to right, step forward right
- 5-6 Step forward left, pivot ½ turn right stepping onto right
- 7&8 Step forward left, lock right behind left, step forward left

FULL TURN, MAMBO, SWEEPS TWICE, ¼ TURN BEHIND SIDE CROSS

- 1-2 Make ½ turn left by stepping back onto right, make ½ turn left by stepping forward onto left
- 3&4 Rock forward right, recover weight onto left, step back right
- 5-6 Sweep left around and behind, sweep right around and behind
- 7&8 Sweep left around and behind making ¼ turn left, step right to right side, cross left over right

BALL CROSS, SWAYSX2, COASTER, STEP TURN STEP BALL STEP

- &1 Step right onto ball of right, cross left over right,
- 2-3 Sway right, sway left
- 4&5 Step back on right, step left next to right, step forward on right
- 6&7 Step forward left, pivot ½ turn right onto right, step forward left
- &8 Step right next to left, step forward on left

REPEAT

FINISH

Complete wall 8, add right point and pose
