Lauren's Waltz (P)

拍数: 48

级数: Partner

编舞者: Robert Hocking (UK) & Lauren Parr

音乐: You Ain't Heard Nothin' Yet - Joe Nichols

Position: Open Hand Hold, facing each other. Man facing OLOD. Opposite footwork throughout

MAN'S STEPS

CROSS TWINKLE, CROSS TWINKLE ¼ TURN, ½ TURN BASIC FORWARD

1-3 Cross left over right, step right to right, step left beside right

- Release man's right hand
- 4-6 Cross right over left, step left to left turning ¹/₄ turn to right, step forward on right

Release inside hands

7-9 Step forward on left, pivot ¹/₂ right, step forward on left

Rejoin inside hands

10-12 Basic waltz forward on right-left-right

CROSSING TWINKLES TWICE

Taking lady's right in man's left hand, and raising over lady's head

13-18 Cross left over right (crossing behind lady), step right together, step left beside right, changing hands raise right over lady's head, cross right over left, (crossing behind lady), step left together, step right beside left

3/4 TURN, CROSS 1/4 TURN, ROCK, STEP TURN

Releasing hands

19-21 Stepping left-right-left, making ³/₄ turn left

- Facing OLOD, rejoin both hands
- 22-24 Cross right over left, step left to left making ¼ turn to right (RLOD), (holding inside hands) step back on right
- 25-27 Rock back on left, forward on right, step forward on left
- 28-30 Step forward on right, pivot ½ turn left, step forward on right

Release inside hands, join right hands, right hands over lady's head lady facing RLOD

FULL TURN (LADY ½ TURN), BASIC FORWARD

31-33 Stepping left, right, left make full turn to left

Lowering hands in front, rejoining left, hands on top in position

34-36 Basic forward on left-right-left

CROSSING FULL TURN, STEP TURN, ½ TURN, BASIC

37-39 Step left behind right (behind lady), right to right, step left in place

Both hands over lady's head

40-42 Step right-left-right, making ¼ turn left (ILOD)

Release left hands, changing sides passing right shoulder to right shoulder right hands (over lady's head)

43-45 Step forward right-left-right, making ½ turn to right (OLOD)

Rejoin hands in open hand hold

46-48 Step left-right-left

REPEAT

LADY'S STEPS CROSS TWINKLE, CROSS TWINKLE ¼ TURN, ½ TURN BASIC FORWARD 1-3 Cross right over left, step left to left, step right beside left Release man's right hand





墙数

墙数: 0

4-6 Cross left over right, step right to right making ¹/₄ turn to left, step forward on left **Release inside hands**

7-9 Step forward on right, pivot $\frac{1}{2}$ turn left, step forward on right

Rejoin inside hands

10-12 Basic waltz forward on left-right-left

CROSSING TWINKLES TWICE

Taking lady's right in man's left hand, and raising over lady's head

13-18 Cross right over left (passing in front of man), step left together, step right beside left, changing hands passing in front of man, cross left over right, step right beside left, step right beside left

3⁄4 TURN, CROSS 1⁄4 TURN, ROCK, STEP TURN

- 19-21 Stepping right-left-right, making ³/₄ turn right facing (ILOD)
- 22-24 Cross left over right, step right to right making ¼turn to left, (RLOD)
- 25-27 Step back on left, rock back on right forward on left
- 28-30 Step forward on right, step forward on left, pivot ½ turn, step forward on left making ½ turn right

Release inside hands, join right hands, right hands over lady's head lady facing RLOD

FULL TURN (LADY ½ TURN), BASIC FORWARD

31-33 Step back on right making ¹/₂ turn to right, step forward left, step forward right

- Lowering hands in front, rejoining left, hands on top in position
- 34-36 Basic forward on right-left-right

CROSSING FULL TURN, STEP TURN, ½ TURN, BASIC

37-39 Full turn to left crossing in front of man to his left side, stepping right, left, right

Both hands over lady's head

40-42 Turn ³/₄ to left, stepping left, right, left (OLOD)

Release left hands, changing sides passing right shoulder to right shoulder right hands (over lady's head) 43-45 Step forward left-right-left, making $\frac{1}{2}$ turn to left (ILOD)

Rejoin hands in open hand hold

46-48 Step right-left-right

REPEAT