

Let It Swing

拍数: 32 墙数: 4 级数:
编舞者: Glynn Holt (UK)
音乐: Let It Swing - The Boddy Socks



KICK & CROSS, KICK & CROSS, SIDE SHUFFLE, ROCK RECOVER

1&2 Kick right foot forward, bring in place and step left over right
3&4 Kick right foot forward, bring in place and step left over right
5&6 Side shuffle to right on right left right
7-8 Rock back on left, recover on right

KICK & CROSS, KICK & CROSS, SIDE SHUFFLE, ROCK RECOVER

1&2 Kick left foot forward, bring in place and step right over left
3&4 Kick left foot forward, bring in place and step right over left
5&6 Side shuffle to left on left right left
7-8 Rock back on right, recover on left

SHUFFLE FORWARD, STEP ½ TURN, SHUFFLE FORWARD, STEP ¼ TURN

1&2 Shuffle forward on right, left, right
3-4 Step forward on left, pivot ½ turn right
5&6 Shuffle forward on left, right, left
7-8 Step forward on right, pivot ¼ turn

ROCK FORWARD, ROCK BACK, ROCK BACK, ROCK FORWARD, CROSS SHUFFLE, SIDE SHUFFLE

1-2 Rock forward on right, recover on left
3-4 Rock back on right, recover on left
5&6 Cross shuffle over left on right, left, right
7&8 Side shuffle to left on left, right, left

REPEAT
