Let Me Love You



拍数: 48 墙数: 2 级数: Intermediate

编舞者: Jennifer Pasley-Smith (USA)

音乐: Nobody Wants To Be Lonely - Ricky Martin & Christina Aguilera



STEP RIGHT, TOGETHER, STEP-TOGETHER, STEP-TOGETHER, STEP ¼ RIGHT, CROSS, UNWIND ¾ RIGHT, LIFTED SWEEP (RONDE)

1-2 Step right to right, step left beside right

Step right to right, step left beside right, step right to right, step left beside right

5-6 Step right into ¼-turn right, cross left over right

7 Unwind ¾ turn right, weight on left

8 Sweep (ronde) right front to back (lift foot off floor for added effect)

BALL-CHANGE, WALK, WALK, RIGHT LOCK STEP FORWARD, DIP/ ½-PIVOT LEFT, STRAIGHTEN, HOOK (LOOK, POINT BACK)

Step right behind left, step left in place 10-11 Step right forward, step left forward

12&13 Step right forward, step (lock) left behind right, step right forward

14-15 Pivot ½-turn left on balls of feet while bending knees, straighten knees with weight on right

16 Hook left in front of right/ look back over right shoulder/ extend right arm back

STEP, SWEEP FORWARD, STEP, SWEEP FORWARD, TOUCH RIGHT, TOUCH LEFT, TOUCH RIGHT, 1/4-TURN RIGHT

17-18 Step left forward, sweep (ronde) right from back to front 19-20 Step right forward, sweep (ronde) left from back to front

&21 Step left beside right, touch right to right&22 Step right beside left, touch left to left

&23-24 Step left beside right, touch right to right, pivot 1/4-turn right/ weight back on left/ right toe

pointed forward

RIGHT COASTER STEP. LEFT SHUFFLE FORWARD. 4 KNEE SWEEPS*

These knee sweeps are like moving figure 4's. Think of the movie "Dirty Dancing"

25&26 Step right back, step left beside right, step right forward 27&28 Step left forward, step right beside left, step left forward 29 Lift knee and move from right to left "dragging" toe behind

30 Move knee left to right "dragging" toe behind 31 Move knee right to left "dragging" toe behind 32 Move knee left to right "dragging" toe behind

BALL-STEP SIDE, TOGETHER, STEP-TOGETHER-STEP 1/4-TURN LEFT, TOUCH-STEP BACK-DRAG-TOUCH-STEP BACK-DRAG-TOUCH

Step right beside left, step left to left, step right beside left

Step left to left, step left to left, step left into ¼-turn left

37&38 Touch right behind left, step right back, drag (step) left in front of right

&39&40 Touch right behind left, step right back, drag (step) left in front of right, touch right behind left

BIG STEP BACK, DRAG BACK, BIG STEP BACK, DRAG BACK, BALL-STEP, STEP W/ FULL SPIN LEFT, LEFT SHUFFLE FORWARD

Large step back right, drag (touch) left to front of right
Large step back left, drag (touch) right to front of left

&45 Step right back, step left in place

Step right forward into full spin left (use left to push off into spin)

REPEAT

TAG

To maintain the flow of the dance with this song, repeat steps 31-32 (knee sweeps) one extra time when performing them during the 7th wall.