

# Let The Rhythm Get You

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Sylvia Schell (USA)  
音乐: Conga/Rhythm Is Gonna Get You/Get On Your Feet - Walt Disney Records



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## WALK RIGHT, HOLD, WALK LEFT, HOLD, TRIPLE RIGHT, TRIPLE LEFT

1-4      Forward right, hold, forward left, hold (clap with the holds)  
5&6      Triple right (right, left, right)  
7&8      Triple left (left, right, left)

## WALK RIGHT, HOLD, WALK LEFT, HOLD, TRIPLE RIGHT, TRIPLE LEFT

1-4      Forward right, hold, forward left, hold (clap with the holds)  
5&6      Triple right (right, left, right)  
7&8      Triple left (left, right, left)

## SHUFFLE RIGHT, ROCK, RECOVER, SHUFFLE LEFT, ROCK, RECOVER

1&2      Step right to right side, step left beside right, step right to right side  
3-4      Rock back on left foot (5th position), recover on right  
5&6      Step left to left side, step right beside left, step left to left side  
7-8      Rock back on right foot (5th position), recover on left

## KICK RIGHT AND TOUCH, KICK LEFT AND TOUCH, STEP ¼ TURN, STEP ¼ TURN

1&2      Kick right foot forward, step back on right, touch left toe beside right foot  
3&4      Kick left foot forward, step back on left, touch right toe beside left foot  
5-6      Step forward on right foot, turn ¼ turn to left (weight ends on left)  
7-8      Step forward on right foot, turn ¼ turn to left (weight ends on left)

## REPEAT

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