# Let's Bosa Nova (P)



编舞者: Pim Humphrey (UK)

音乐: Blame It on the Bossa Nova - Jane McDonald

Position: Start in side by side position, same footwork unless stated

## **RUMBA BOX WITH HOLDS**

Step side right, step left by right, step forward right, holdStep side left, step right by left, step forward left, hold

## STEP LOCK STEP HOLD, TURN 1/4 TO FACE PARTNER

1-4 Step forward with right, lock left behind right, step forward right, hold

5-8 Turn ¼ turn to face partner with left, right, left, hold (lady turns left, man turns right)

Hands go over lady's head, then release right hands

## SIDE TOGETHER SIDE TOUCH TWICE

Step side right, step left by right, step side right, touch left by right

Step side left, step right by left, step side left, touch right by left

Release left hands and hold man's left and lady's right, man's right and lady's left hands

## INTO WRAP

1-4 **MAN:** Step right, left, right, on the spot, hold

Raising lady's right hand lady turns under hands then lower arms to waist height

LADY: Turn ½ turn to left with right, left, right, hold

Now in wrap position

## **MAMBO STEP**

5-8 Step forward on left, recover weight on right, step left by right, hold

## MAMBO STEP, TURN TO LOD

1-4 Step back on right, recover weight on left, step right by left hold

5-8 **MAN:** Turn ¼ turn left with left, right, left, hold

As you turn raise both hands and change hands, now in side by side facing LOD

LADY: Turn ¾ turn right with left, right, left

## STEP LOCK STEP HOLD TWICE

1-4 Step forward right, lock left behind right, step forward right, hold
5-8 Step forward left, lock right behind left, step forward left, hold

## 1/2 TURN PIVOT STEP HOLD TWICE

## Release right hands, take left hands over man's head

Step forward right, pivot ½ turn left, step forward right, hold
 Step forward left, pivot ½ turn right, step forward left, hold

Rejoin hands in side by side position

## STEP LOCK STEP HOLD TWICE

Step forward right, lock left behind right, step forward right, hold
Step forward left, lock right behind left, step forward left, hold

#### **REPEAT**