Let's Bosa Nova (P)

拍数: 64   **墙数:** 0   **级数:** Partner

编舞者: Pim Humphrey (UK)

音乐: Blame It on the Bossa Nova - Jane McDonald

Position: Start in side by side position, same footwork unless stated

RUMBA BOX WITH HOLDS

1-4   Step side right, step left by right, step forward right, hold

5-8   Step side left, step right by left, step forward left, hold

STEP LOCK STEP HOLD, TURN ¼ TO FACE PARTNER

1-4   Step forward with right, lock left behind right, step forward right, hold

5-8   Turn ¼ turn to face partner with left, right, left, hold (lady turns left, man turns right)

Hands go over lady's head, then release right hands

SIDE TOGETHER SIDE TOUCH TWICE

1-4   Step side right, step left by right, step side right, touch left by right

5-8   Step side left, step right by left, step side left, touch right by left

Release left hands and hold man's left and lady's right, man's right and lady's left hands

INTO WRAP

1-4   **MAN:** Step right, left, right, on the spot, hold

Raising lady's right hand lady turns under hands then lower arms to waist height

             LADY: Turn ½ turn to left with right, left, right, hold

Now in wrap position

MAMBO STEP

5-8   Step forward on left, recover weight on right, step left by right, hold

MAMBO STEP, TURN TO LOD

1-4   Step back on right, recover weight on left, step right by left hold

5-8   **MAN:** Turn ¼ turn left with left, right, left, hold

As you turn raise both hands and change hands, now in side by side facing LOD

             LADY: Turn ¾ turn right with left, right, left

STEP LOCK STEP HOLD TWICE

1-4   Step forward right, lock left behind right, step forward right, hold

5-8   Step forward left, lock right behind left, step forward left, hold

½ TURN PIVOT STEP HOLD TWICE

Release right hands, take left hands over man's head

1-4   Step forward right, pivot ½ turn left, step forward right, hold

5-8   Step forward left, pivot ½ turn right, step forward left, hold

Rejoin hands in side by side position

STEP LOCK STEP HOLD TWICE

1-4   Step forward right, lock left behind right, step forward right, hold

5-8   Step forward left, lock right behind left, step forward left, hold

REPEAT