

# Lilo

拍数: 48      墙数: 4      级数: Intermediate  
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音乐: Kalimba de luna - Tony Esposito



## RONDE, PROGRESSIVE BACKWARD SWIVELS

- 1 (Weight right) Touch left toe forward
- 2-3 Aerial ronde (knee straight)
- 4 Back
- &5 Swivel both heels outward, step back swiveling heels inward
- &6 Swivel both heels outward, step back swiveling heels inward
- &7 Swivel both heels outward, step back swiveling heels inward
- &8 Swivel both heels outward, swivel heels to center

## HALF RUMBA BOX, ¼ TURN

- 1-2 (Weight right) Forward (toe turned out), hold
- 3-4 (Turn ¼ to the left) side, together
- 5-6 Side, hold
- 7-8 (Turn ¼ to the left) side, together

## TERRACES, ROCK-STEP, BUMP-AND-BUMP

- 1-2 (Weight right) Forward, together (3rd position)
- 3&4 Forward, together (3rd position), forward
- 5-6 Forward, in place (leaving weight centered over feet)

**Reach forward to the horizon with your right hand (palm down) on count 5. Begin pulling it back on count 6 (palm up), bring it in to your body on 7-8**

- 7&8 Bump left hip back, center hips, bump left hip back

## TURNING TOE STRUTS

- 1-2 (Weight left) Touch right toe back (lift right hip), (turn ½ right) step in place
- 3-4 Touch left toe forward (lift left hip), (turn ½ right) step in place
- 5-6 Repeat counts 1-2
- 7-8 Forward (bringing hips forward over left foot), in place (bringing hips back over right foot)

**You should now be in extended 3rd position with the right toe pointing diagonally forward to the right.**

**Optional hands for those 8 counts of turning toe struts:**

- 1 Right arm straight up beside your right ear and left arm in front of the body
- 2 Both arms in front of the body
- 3 Right arm straight up beside your right ear and left arm pointing forward
- 4 Both arms in front of body
- 5-6 Same as 3-4
- 7-8 Reach forward to the horizon with your left hand (palm down), return the arm to in front of your body

## SWIVELS MOVING FORWARD WITH TOE & HEEL TOUCHES, WEAVE

- 1 (Weight right) Swivel right heel toward front wall and touch left toe forward
- 2 Swivel right toe toward front wall and touch left toe forward
- 3 Swivel right heel toward front wall and touch left heel forward
- 4 Swivel right toe toward front wall and touch left heel forward

**Optional arms: on counts 1-4 hold both arms out to the sides**

- &5 Back, in front
- &6 Side, in back
- &7 Side, in front

8 Together

**TURNING POINT-HITCH-TOUCH**

1 (Weight left) Touch forward

2-3 Aerial ronde with  $\frac{1}{4}$  turn right

**On ronde, keep knee bent and toe pointing at floor**

4 Touch back

5& Kick forward, step in back (3rd position)

6& Touch forward, step in front (3rd position)

7& Touch together, step in back (3rd position)

8 Touch together

**REPEAT**

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