Limbo

		48 增建 Matt Jenkins (UK) Limbo - Jill Morris	牧:2	级数:	Improver	
1-8		Point right foot forward, to the side, step right forward and put weight onto right step left together. (right arm: touch left, shoulder & right shoulder & hand on right buttock & left hand on left buttock) jump both feet forward twice				
9-16		Point left foot forward, to the side, step left forward and put weight onto left step right together. (left arm: touch right shoulder & left shoulder & hand on left buttock & right hand on right buttock) jump both feet forward twice				
17-24		Leading right foot carry out two jazz boxes turning ¼ each time to the right (right over, step left back, step right in place.) Twice. Clap on count 8				
25-32		Leaning back slightly shimmy while jumping both feet forward 4 times, step right out, left out, right in left in				
33-40		Vine right leading right end with weight on left. Right heel. Touch left toe behind right and unwind $\frac{1}{2}$				
41-48		Vine right leading rig unwind 1/2	ht end	with weight on left	. Right heel. Touch le	ft toe behind right and
REPEA	Т					

