Liquid Dreams



拍数: 32 编数: 2 级数: Intermediate

编舞者: Rosie Bragg (USA) 音乐: Liquid Dreams - O-Town



FORWARD RIGHT-LEFT-RIGHT-PIVOT-STEP-APART-SKATE-SKATE

1-2	Step forward right-forward left crossing slightly (prance)
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3-4	Step forward right-pivot ½ turn to left (weight on left)
5-6	Step forward right-step left slightly apart from right
7	Step forward right turning knee in - out (like skating)
8	Step forward left turning knee in - out (like skating)

TRIPLE RIGHT-LOCK-TURN-STEP-CROSS-SHUFFLE LEFT

9&10	Triple step forward right (right-left-right)
11-12	Lock left up behind right calf-turn 1/4 to left on right
13-14	Step down on left-step right crossing over left
15&16	Shuffle to left with lots of hips (left-right-left)

KICK/TURN/TOUCH-BODY ROLL-LEFT SAILOR-RIGHT SAILOR

17&18	Kick right over left-step on right turning 1/4 to left-touch left toe
19-20	Body roll ending with weight still on right
21&22	Left sailor (left behind right-right to right side-left to left side)
23&24	Right sailor (right behind left-left to left side-right to right side)

BACK-BACK-TURN & HEEL & TOE-SCUFF-CROSS/TOUCH

25	Sweep left out and around stepping back behind right
26	Sweep right out and around stepping back behind left
27-28	Sweep left around turning ½ to left (ronde)(weight on left)

&29 Hop onto right & touch left heel forward

Hop onto left & touch right toe beside left instep Scuff right-cross right over left touching toe

REPEAT