A Little Bit Crazy

拍数: 32

级数: Improver east coast swing

编舞者: Rob McKean (CAN)

音乐: Loco - David Lee Murphy

SIDE SHUFFLES, ROCK, TURNING SHUFFLE

- 1&2 Step side right, together on left, side right
- 3&4 Step side left, together on right, side left
- 5-6 Rock back on right, recover onto left
- 7&8 Turn a ¹/₂ turn left as you step right-left-right

SIDE SHUFFLES, ROCK, TURNING SHUFFLE

- 9&10 Step side left, together on right, side left
- 11&12 Step side right, together on left, side right
- 13-14 Rock back on left, recover onto right
- 15&16 Turn a ¹/₂ turn right as you step left-right-left

VINE RIGHT, CROSS UNWIND, HIP BUMPS

- 17-18 Step side right, cross left behind
- 19&20 Step side right on ball of right foot, cross left over right, step side right
- 21-22 Cross left over right, unwind ½ turn right (weight is on right foot)
- 23-24 Bump hips left twice

HEEL JACKS, SHUFFLE, PIVOT TURN

- &25&26 Step back on right and touch left heel forward, step together on land touch right toe beside left
- &27&28 Repeat steps &25 &26
- &29&30 Turn ¼ turn on left, shuffle forward right-left-right
- 31-32 Step forward on the left, pivot ½ turn right (weight is on left foot)

REPEAT

TAG

The fourth sequence is only 20 beats in length. Do the first 16 counts of the dance, then add

1-4 Rock forward right, recover on left, rock back right, recover on left

Then start again at the beginning of the dance





墙数:4