A Little Bit Of Latin

级数: Improver

编舞者: Bell'sstar (UK) & Babystar

音乐: Mia Salsa Es Caliente - Gloria Estefan

TOE, TOE, TOE KICK

拍数: 36

1-4 Right toe to right side, right toe in front of left, right toe to right side, with a ¼ turn right and kick right leg forward

COASTER STEP TURN TOGETHER

5&6-7-8 Right syncopated coaster, with a step forward left foot, sliding turning 1/4 turn right at the same time, bringing right foot to meet your left, without putting weight on it

REPEAT COUNTS 1-8 ABOVE

1-8 Repeat counts 1-8 above

KNEE POPS

1-2-3-4 Moving forward knee pops Latin style right, left, right, left Elvis knees will do

KNEE POPS

5-6-7-8 Moving back knee pops Latin style Opposite arms should be moving in at chest level, while knees are popping for styling

ROLLING VINE TO RIGHT

1-8 Rolling vine to right 1 ¹/₂ turns, finishing the roll with weight on left foot and right knee popped forward. Hold that position for 4 counts.(hands while doing roll & hold should be raised above head, one after each other, Latin and salsa style)

ARMS ON THE SPOT

- 1-2 Pop right knee forward, at the same time, right arm comes to chest level and pushes out to right side, repeat with left knee and arm
- 3-4 Repeat above 2 counts again

REPEAT





墙数: 2