

# Live For Today

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Doug Miranda (USA) & Jackie Miranda (USA)  
音乐: If Tomorrow Never Comes - Ronan Keating



## CROSS ROCK, RECOVER, ½ TURN RIGHT SWEEP TRIPLE STEP, ROCK FORWARD, RECOVER, STEP LOCK BACK

- 1-2      Cross rock right over left, recover on left
- 3&4      Sweep right into a ½ turn right as you triple step right, left, right
- 5-6      Rock forward on left, recover on right
- 7&8      Step back on left, cross right over left, step back on left

## TOUCH RIGHT BEHIND, UNWIND ½ TURN RIGHT, STEP LOCK FORWARD, CROSS ROCK AND CROSS ROCK

- 1-2      Touch right behind left, unwind ½ turn right with weight ending on right
- 3&4      Step forward on left, lock right behind left, step forward on left
- 5-6      Cross rock right over left, recover on left
- &7-8      Step right next to left, cross rock left over right, recover on right

## 1 ¼ TURN LEFT, CROSS, SIDE, BEHIND; SIDE SWAYS, BEHIND, SIDE, CROSS

- 1&2      Turn ¼ turn left stepping left to left side, turn ½ turn left stepping right to right side, turn ½ turn left stepping left to left side, slightly dragging right
- 3&4      As you continue to drag right, cross right over left, step left to left side, step right behind left
- 5-6      Sway to left side, sway to right side with weight ending on right
- 7&8      Slightly drag left behind right, step right to right side, cross left over right

## LONG STEP TO RIGHT, ¼ LEFT WITH CROSS TOUCH, STEP LOCK FORWARD; STEP FORWARD, ½ TURN LEFT WITH CROSS TOUCH; ¾ TURN LEFT TRIPLE STEP

- 1-2      Take a long step to right side on right, slide left towards right and cross touch left over right as you turn ¼ left (weight is still on right)
- 3&4      Step forward on left, lock right behind left, step forward on left
- 5-6      Step forward on right, turn ½ turn left on the ball of right as you slide and cross touch left over right

### Weight is still on right

- 7&8      Step forward on left, turn ¼ left turn as you step right to right side, turn ½ turn left as you step left to left side

## REPEAT