

# Livin' Well

**COPPER** KNOB  
STEPPERS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Steve Rutter (UK)  
音乐: Living and Living Well - George Strait



## **SIDE ROCK, RIGHT SAILOR STEP, CROSS, SIDE STEP, LEFT SAILOR STEP**

- 1-2      Rock right to right side, recover weight on left
- 3&4      Cross right behind left, step left to left side, replace weight onto right
- 5-6      Cross left over right, step right to right side
- 7&8      Cross left behind right, step right to right side, replace weight onto left

## **CROSS, UNWIND ½ TURN LEFT, RIGHT SHUFFLE, LEFT MAMBO ROCK, RIGHT SHUFFLE**

- 9-10      Cross right over left, unwind ½ turn left (keeping weight on left)
- 11&12      Step right forward, close left beside right, step right forward
- 13&14      Rock forward on left, recover weight back onto right, close left beside right
- 15&16      Step right forward, close left beside right, step right forward

## **STEP LEFT FORWARD, HITCH RIGHT, RIGHT MAMBO ROCK, SIDE STEP, CLOSE, STEP FORWARD TOUCH RIGHT**

- 17-18      Step left forward, hitch right knee
- 19&20      Rock back on right, recover weight forward onto left, close right beside left
- 21-22      Step left to left side, close right beside left
- 23-24      Step left forward, touch right toe to right side

## **TOUCH FORWARD, TOUCH TO SIDE, RIGHT SAILOR STEP, CROSS LEFT, SIDE STEP, SLIDE, CLOSE**

- 25-26      Touch right toe forward, touch right toe to right side
- 27&28      Cross right behind left, step left to left side, replace weight onto right
- 29-30      Cross left over right, step right a big step to right side
- 31-32      Slide left up to close beside right

## **REPEAT**

### **TAG 1**

**At the end of wall 4, when dancing to "Living And Living Well" by George Strait**

- 1-2      Rock right to right side, recover weight onto left
- 3&4      Kick right foot forward, step right beside left (taking weight), change weight onto left
- 5-8      Repeat steps 1-4

### **TAG 2**

**At the end of wall 9, when dancing to "Living And Living Well" by George Strait, add steps 1-4 of the first tag, i.e. one side rock and one kick ball-change instead of two**

## **ENDING**

**At the end of wall 12 there will only be 8 counts of music left, so if you want you can add the following ending**

- 1-2      Rock right to right side, recover weight onto left
- 3&4      Cross right behind left, step left to left side, replace weight onto right
- 5      Cross left behind right
- 6-7      Unwind a full turn left (weight ending on left)
- 8      Stomp right to right side raising hands in the air (ta-dah!)