

# Loaded

拍数: 64      墙数: 4      级数:  
编舞者: Warren Mitchell (AUS)  
音乐: Loaded - Ricky Martin



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|-----|---|
| 1-4 | Rock left forward, step right on spot, step left together, hold   |
| 5-8 | Touch right toe back, hitch right leg slightly making $\frac{1}{2}$ turn right, touch right toe forward hold          |
| 1-4 | Rock right to right, step left on spot, step right behind left, hold  |
| 5-8 | Rock left to left, step right on spot, step left behind right, hold   |
| 1-4 | Rock right to right, step left on spot, step right behind left, step left to left making $\frac{1}{4}$ turn left      |
| 5-8 | Step right forward making $\frac{1}{2}$ pivot to left, step right forward, hold                                       |
| 1-4 | Walk forward - left-right-left, hold  |
| 5-8 | Step right forward making $\frac{1}{2}$ pivot to left, step right forward, hold                                       |
| 1-4 | Rock left to left, step right on spot, cross left over right, hold  |
| 5-8 | Rock right to right, step left on spot, cross right over left, hold   |
| 1-4 | Rock left to left, step right on spot, cross left over right, hold  |
| 5-8 | Touch right to right, step right together, touch left to left, step left together                                     |
| 1-4 | Touch right to right, bring right together turning $\frac{1}{2}$ to right, touch left to left, step left across right |
| 5-8 | Touch right to right, step right across left, touch left to left, step left across right                              |
| 1-4 | Touch right to right, clap, clap, hold  |
| 5-8 | Touch right behind left, unwind full turn to right for 3 beats  |

**REPEAT**

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