Lock The Doors



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Roxana Schultz (USA) 音乐: Lock All the Doors - MDO



1/2 TURN MONTEREY, HEEL-BALL CHANGE, LEFT 1/2 TURN

1-2	Point right out to right side, pivot ½ turn right on left foot, bring right foot in and step together
1 Z	1 Only right out to right side, pivot /2 turn right on left foot, bring right foot in and step together

next to left

3 Touch left out to left side

4&5 Tap left heel slightly forward, rock back with left, recover weight forward to right

6-7 Step forward on left, turning ½ left, step back with right

LEFT BACK-LOCK-BACK, ROCK STEP, RIGHT ROCK & CROSS, LEFT ROCK & CROSS

8&1	Ctan book on left	step right crossed	avariatt ata	n haalt an laft
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2-3 Rock back on right, recover weight forward to left

Rock right to right side, recover weight to left in place, cross right over left Rock left to left side, recover weight to right in place, cross left over right

STEP ½ TURN, LEFT KICK, COASTER BACK, CHA-CHA FORWARD, ROCK STEP

8-1	Step forward on right, turn ½ left, keep weight right and kick left foot forward
2&3	Step back on left, step right foot together next to the left, step forward on left

4&5 Step forward on right, step together on left, step forward on right

6-7 Rock forward on left, recover weight to the right

TRIPLE 1/2 TURN, ROCK FORWARD AND BACK, 1/4 TURN, CROSS, STEP

8&1	I urn ¼ turn left, step left foot to left side, step together right, turn ¼ left, step forward with left
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2-3 Rock forward on right, recover weight back to left4-5 Rock back on right, recover weight forward to left

6-7 Step forward on the right, ¼ turn to the left, shifting weight to left foot

8& Step right crossed over the left, step left to left side

REPEAT