

Loco

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4
编舞者: Christopher Petre (USA)
音乐: Loco por Vos - Chayanne

级数: Intermediate social cha



LEFT SIDE MAMBO, RIGHT SIDE MAMBO, FORWARD ROCK, RECOVER, ¼ LEFT COASTER STEP

- 1&2 Step left out to left side, step right in place, step left next to right
- 3&4 Step right out to right side, step left in place, step right next to left
- 5-6 Rock forward on left, recover weight back onto right
- 7&8 Step back on left turning ¼ left (9:00), step together with right, step left forward

RIGHT SIDE MAMBO, LEFT SIDE MAMBO, ROCK, ROCK, BUMP & FORWARD

- 1&2 Step right out to right side, step left in place, step right next to left
- 3&4 Step left out to left side, step right in place, step left next to right
- 5-6 Rock forward on right, rock back onto left
- 7&8 Bump right hip forward, bump left hip back, step forward onto right

Option: flick left foot as you step onto right

PRESS, RECOVER, BACK-LOCK-BACK, POINT, STEP BACK, ANCHOR STEP

- 1-2 Step forward on left (with bent knees), push back off left foot recovering weight onto right
- 3&4 Step back on left, cross step right over left, step back on left
- 5-6 Point right toe to right side (making contact with floor), step slightly back on right
- 7-8 Step slightly back on left, shift weight onto right, shift weight back onto left (hook right heel over left shin)

FORWARD STEP-LOCK-STEP RIGHT THEN LEFT, JAZZ BOX WITH BUMP & POP

- 1&2 Step forward on right, step on ball of left alongside the outside of the right heel, step forward right
- 3&4 Step forward on left, step on ball of right alongside the outside of the left heel, step forward left
- 5-6 Cross step right over left, step back on left
- 7&8 Step right to right side, bump left hip to left (hip thrust), "pop" left knee by lifting left heel (weight on right)

SIDE, CROSS, BACK-LOCK-BACK, FULL TURN RIGHT INTO SIDE MAMBO TOUCH

- 1-2 Step left to left side, cross step right over left
- 3&4 Step back on left, cross step right over left, step back on left
- 5-6 Turning ¼ right (12:00) step forward on right, turning ½ right (6:00) step left in place next to right
- 7&8 Turn ¼ right (9:00) rocking out to right side on right, recover weight back onto left, touch right toe next to left

Option: complete a ¾ turn for count 6 and then do side mambo touch

ROLL OUT RIGHT, LEFT, RIGHT & RIGHT, CROSS ROCK-RECOVER-BACK, LOCK-BACK-POINT

- 1-2 Step slightly forward on right rolling knee out, step slightly forward on left rolling knee out
- 3&4 Step slightly forward on right rolling knee out, step left next to right, step slightly forward on right rolling knee out
- 5&6 Cross rock diagonally forward on left over right, recover onto right, step diagonally back on left
- 7&8 Cross step right in front of left, step back on left, point right toe out to right side (making contact with floor)

ROCK BACK, RECOVER, SHUFFLE ON DIAGONAL, LOCK, PUSH BACK, LEFT CHASSE

- 1-2 Rock back onto right, recover onto left
- 3&4 Step diagonally forward on right to right corner, step together on left, step forward on right
- 5-6 Sweep left across placing ball of left foot over the right, pushing off (dropping left heel) step back on right with straight leg
- 7&8 Step left to left side, step together with right, step left to left side

LOCK, PUSH BACK, RIGHT CHASSE, CROSS, ¼ LEFT, ¼ LEFT, TOGETHER WITH CLAP

- 1-2 Sweep right across placing ball of right foot over the left, pushing off (dropping right heel) step back on left with straight leg
- 3&4 Step right to right side, step together with left, step right to right side
- 5-6 Cross step left over right, turn ¼ left (6:00) stepping back on right
- 7-8 Turn ¼ left (3:00) stepping left to left side, step together with right as you clap

REPEAT
